

THE MORE I SEE YOU FOXTROT

Corrected: 9/26/12

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Music: "The More I See You" on Goldstar Ballroom CD: Foxtrot | Goldstar Ballroom Orchestra;
Or download from Amazon.com

Rhythm: Foxtrot, Phase V+1 | SQQ unless otherwise noted | Released: 9/12

Sequence: INTRO, A, B, A, END Speed: Slow 3% to 28 mpm (or to comfort)

INTRO

WAIT; WOMAN TO CLOSED;

- 1 [Wait One Measure] Fc DLC about 3 feet from W no hands jnd weight on R, -, raise L hand toward W to invite her in, -;
- 2 [Woman to Closed QQS] W walk to man taking M's L hand then continuing to CP R, L, -, -;

-, -, SMALL SD L, -; SD R, -, -, PREPARATION STEP;

- 3 [-, -, Small Sd L, -] In CP DLC -, -, sm sd L slightly softening L knee, -;
- 4 [Sd R, -, -, fwd L] Note: The forward L is just a walk forward preparing for the feather

PART A

1 – 4 FEATHER; REVERSE TURN;; THREE STEP;

- 1 [Feather] Fwd R, -, fwd L, fwd R outside ptr to BJO;
- 2-3 [Reverse turn SQQ SQQ] Fwd L comm LF body trn, -, sd R cont trn, bk L CP fcg RLOD; (*Bk R comm. LF trn, -, cont trn cl L to R {heel trn}, fwd R to CP fcg LOD;*)
Bk R comm LF trn, -, sd & slightly fwd L, fwd R BJO DLW; (*Fwd L comm LF trn, -, sd & bk R, bk L BJO;*)
- 4 [Three step] Fwd L w/heel lead to flat foot blend to CP, -, fwd R w/heel lead rising to toe, fwd L CP DLW; (*Bk R, -, bk L, bk R;*)

5 – 8 Run, 2 SCP, MANU, PIVOT; NATURAL WEAVE;; CHANGE OF DIRECTION;

- 5 [Run, 2, manu, pivot QQQQ] Fwd R, fwd L trng to SCP, fwd R heel ld trng rf to CP, sd & slightly bk L pivoting to CP fc DW; (*Bk L, fwd R to SCP, fwd L, fwd R in CP pivot 1/2 RF;*)
- 6-7 [Natural Weave] Fwd R comm. RF trn, -, sd L with L sd stretch cont trn, bk R DLC with R sd ld; Bk L, bk R comm LF trn, sd & fwd L, fwd R BJO DLW; (*Bk L comm. RF trn, -, cl R {heel trn} trng, fwd L; Fwd R in BJO, fwd L comm LF trn, sd & bk R cont trn, bk L BJO DLW;*)
- 8 [Change of Direction] Fwd L trng LF, - sd R DLW, draw L{no wt} CP DLC;

9-12 REVERSE WAVE;; BACK FEATHER; BACK THREE STEP;

- 9-10 [Reverse Wave]** Fwd L comm LF trn,-, sd R cont trn, bk L twd DLW cont trn; Bk R curvng twd LOD,-, bk L twd LOD, bk R fcg RLOD; (*Bk R comm LF trn,-, cl R to L [heel trn], fwd R twd DLW; Fwd L curvng twd LOD,-, fwd R twd LOD, fwd L fcg LOD;*)
- 11 [Back Feather]** Bk L,-, bk R with R sd stretch and R shoulder lead, bk L BJO bkg LOD; (*Fwd R,-, fwd L with L shoulder lead, fwd R BJO LOD;*)
- 12 [Back Three Step]** Bk R twd LOD blend to CP,-, bk L, bk R CP bkg LOD; (*Fwd L with heel lead to flat foot blend to CP,-, fwd R w/heel lead rising to toe, fwd L;*)

13-16 TIPPLE CHASSE PIVOT; OPEN IMPETUS; THRU TO THE PROMENADE OVERSWAY; WRAP LADY TO SKATERS;

- 13 [Tipple Chasse Pivot SQ&Q]** Bk L turning rt,-, sd R with slight lft side stretch/ cl L, sd and slightly fwd R pivoting on ball of ft ending backing LOD (*Fwd R turning rt,-, small sd step L/ cl R to L, sd and slightly bk L pivoting on ball of ft;*)
- 14 [Open Impetus]** Bk L trng RF,-, cl R to L cont trn [heel trn], sd & fwd L SCP DLC; (*Fwd R trng RF,-, sd L cont trn, sd & fwd R SCP DLC;*)
- 15 [Thru to Promenade Oversway SQQ]** Thru R, -, sd & fwd L to SCP stretching R sd slight upward to look over joined hands, change sway, **start** change of sway;
- 16 [Wrap Lady to Skaters]**
Complete change of sway by softening L knee, -, rec R wrapping woman LF under L hand, step L in place joining M's L and W's R hand & placing M's R hand on W's R hip to skaters position DLW; (*Complete change of sway,-, rec L, trng LF on L to skaters position over three beats to DLW,-*)

PART B

1 – 4 OPEN NATURAL TURNS IN SKATERS;; RUNNING OPEN NATURAL; ROLL UNDERARM TRN TO A LINE;

- 1 – 2 [Open Natural Trns in Skaters]** Both: Fwd R DW comm RF trn, - sd L cont trn, bk R LOD with R sd ld; Bk L cont RF trn, - sd R, fwd L between DC & LOD;
- 3 [Running Open Natural in Skaters] Both:** Fwd R comm RF trn, sd L cont trn w/L sd stretch, bk R DLC with R sd ld, bk L; Both in skaters backing DLC
- 4 [Roll to a Line QQS]** Still in Skaters moving backwards trng RF step sd & fwd R DLC bring jnd L hands up & over W's head as both are trng, sd L con't trng RF bringing jnd L hands to M's L hip before releasing, step bk R to fc DRW stretching R hand across W chest jng R hands with W's R elbow stretched away from body & M's L arm extended out to L side & M looking twd W, -;
- (*Con't to trn RF step sd & fwd R DLC trng RF under M's and W's joined L hands, sd L DLC, strong bk R with L hand on M's R shoulder and R hands joined (M's R arm extended across front of W & W's right elbow extended out to side & W looking R,-;*)

5 – 8 ROLL LADY ACROSS TO FC; HOVER TO SCP; NATURAL WEAVE EXTENDED;;

- 5 [Roll Lady Across to FC QQS] Rec L while leading W w/R hand to free roll LF across & In front of M, -, cl R to fcg W DLW no hands jnd,-; (*QQS Fwd L twd DLW trn LF across & front of M, fwd R to end fcg M, bk L DW; *Option – W can free spin LF 1 ½ over the Three steps to end fcg M*)
- 6 [Hover to SCP/DLW] Fwd L,-, fwd R trng RF, fwd L SCP DLW; (*Bk R,-, sd & bk L trng to SCP, fwd R SCP;*) *Note: Take your time joining M's L & W's R hands during the first step and blending to SCP over the three steps.
- 7-8 [Natural Weave Extended SQQ QQQQ] Fwd R DW comm RF trn,-, sd L cont trn w/L sd stretch, bk R DLC with R sd ld preparing to ld ptr to BJO; Bk long L BJO, bk short R, bk L long, bk R short; (*Fwd L comm RF trn,-, fwd R, sd & fwd L w/R sd stretch; Fwd R, fwd L, fwd R, fwd L;*)

9 - 12 QUICK WEAVE ENDING; THREE-STEP; NATURAL TRN PREPARATION; SAME FT LUNGE;

- 9 [Quick Weave Ending QQQQ] Bk L, bk R comm LF trn passing thru CP, sd & fwd L trng LF, fwd R BJO DLW; (*Fwd R, fwd L trng LF, sd & bk R, bk L BJO;*)
- 10 [Three Step] Fwd L w/heel lead to flat foot blend to CP,-, fwd R w/heel lead rising to toe, fwd L CP DLW; (*Bk R,-, bk L, bk R;*)
- 11 [Natural Pivot Preparation] Fwd R comm RF trn, -, sd L DLW, con't RF trn on L to fc COH, tch R; (*Bk L trng RF, -, cl R [heel trn] con't trn, fwd and trn RF on L;*) [NOTE: Lady may substitute pivot to prep]
- 12 [Same Ft Lunge SS] Lower on L w/slight L sway step sd & slightly fwd R (*W XRIB of L*) twds LOD, -, con't to transfer wgt to R w/soft knee slight sway to R (*W head well to L*),-;

13 – 16 LADY SWIVEL & POINT; (BK) OUTSIDE CHANGE TO SEMI; OPEN NATURAL; OUTSIDE SPIN (OVERSPIN);

- 13 [Lady Swivel and Point SS] Rec L, -, cl R shaping to end in BJO, -; (*Rec fwd L to RLOD, pt sd R RLOD, changing shape to fc ptr pt R bk BJO,-;*)
- 14 [Outside Change to SCP] Bk L, -, bk R trn LF, fwd L to SCP DLW; (*Fwd R outside ptr, -, fwd L, fwd R to SCP;*)
- 15 [Open Natural] Thru R comm. RF trn,-, sd L cont trn, bk R with strong rt sd lead to BJO fcg DRC; (*Thru L, fwd R to CP, fwd L to BJO fcg DLW;*)
- 16 [Outside Spin] Comm RF trn bk L,-, fwd R outside partner cont trn, sd L to CP fc COH in preparation to cont RF for feather DLC ; (*Comm RF trn fwd R heel to toe CBMP,-, cl L to R pvtg on toes, fwd R in CP fcg WALL in preparation to step bk DLC for feather;*)

ENDING

1 - 2 RUNNING OPEN NATURAL; ROLL TO A LINE

Ending is same as Part B Measures 3 and 4 except end looking at each other