

Steppin' Out Quickstep

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Record: Star 146 "Stepping Out With My Baby" [Flip - "What the World Needs Now"]

Rhythm/Phase: Quickstep 5+2 [Checked Rev & Slip, V-6] + 1 unphased [Rev Fishtail]

Sequence: Intro A B A B C B Tag

Speed: 41 RPM

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Intro

1-4 WAIT;; TOG TCH; BOX FIN;

1-2 LOP fcg ptr & DW wait 2 measures with lead foot free;;

SS 3 Fwd L to CP,-,(fwd R to CP,-,) tch R,-;

SQQ 4 Bk R turning LF to DC,-, side L, close R;

Part A

1-2 TRN L & R CHASSE:-, CK BK:

SQQ 1 Fwd L,-, comm upper body trn fwd R trng LF, cl L;

SS 2 Sd & bk R to BJO/DRC,-, chk bk L under body with R shldr lead,-;

3-8 REV FISHTAIL 5:-, RUNNING FIN:-, OP NAT:-, STP BK,-; RUNNING BK LKS;;

QQQQ 3 XRIF, slight RF trn sd L, bk R with R shldr lead, XLIF (XLIB, sd R, fwd L, XRIB);

SS 4 Bk R,-, with R sd stretch bk L (fwd R outside partner) comm RF trn,-;

QQS 5 Sd & fwd R, fwd L to BJO/DC, comm RF trn fwd R,-;

QQS 6 Sd L across LOD, slight RF body trn bk R to BJO, bk L BJO,-;

QQQQ 7 With R shldr lead bk R, lk LIF, bk R, bk L;

QQS 8 Bk R, lk LIF, bk R,-;

9-16 BK & RT CHASSE:-, CROSS CHASSE:-; FWD LK FWD; HAIRPIN; OUTSIDE SPIN:-, R TRNG LK ,:-;

SQQ 1 Comm RF trn bk L,-, sd R, cl L;

SS 2 Sd R with R sd stretch fcg DC,-, fwd L with R shldr lead,-;

QQS 3 Fwd & sd R, cl L with R shldr lead, comm L shldr lead fwd R to BJO,-;

QQS 4 Fwd L, lk RIB, fwd L,-;

SQQ 5 Fwd R comm RF trn,-, with L sd stretch fwd L trng R, cont R trn swiveling RF with L sd stretch fwd R to BJO/DRW;

SS 6 Comm body trn to R toeing in with R sd lead bk L small stp,-, fwd R cont to trn R,- (Comm body trn RF fwd R,-, cl L to R toe pivot RF,-);

SQQ 7 Sd & bk L to CP/RLD,-, (fwd R between M's feet,-) bk R with R sd lead comm to trn R, XLIF of R to fc COH;

SS 8 Slight L sd stretch cont RF trn sd & fwd R between W's feet,-, fwd L to SCP,- (Fwd & sd L cont RF trn,-, fwd R to SCP,-);

Part B

1-8 CHAIR REC SLIP:-, CK'D REV & SLIP,-; MANUV 1 & SPIN TRN OVRTRN'D;; V-6;; FWD & FLICKER;

SS 1 SCP/LOD ck thru R,-, rec L,-(SCP/LOD ck thru L,-, rec R,-);

SS 2 Small stp bk R to CP,-, fwd L,- (swivel LF on R stp fwd L outsd M,-, bk R,-);

SS 3 Comm LF trn fwd R on toe trn LF with R sd stretch,-, trn RF rec bk on L,- (cl L to R rise to toes trng LF chkg bk motion,-, trng RF slip R fwd to CP cont RF trn,-);

- SS 4 Comm RF trn fwd R to CP/ROD,-, comm RF trn bk L pivoting RF to fc LOD,-;
- SS 5 Fwd R cont trn to fc DRW,-, recover sd & bk L,-;
- QQS 6 With R sd lead and R sd stretch bk R, lk LIF of R, bk R,-;
- SQQ 7 Bk L,-, bk R trng LF no sway, sd & fwd L with L sd stretch to BJO,-;
- S&Q&Q 8 Fwd R,-, bring L to R on toes trn both heels out/bring both heels tog, trn heels out/bring both heels tog;

9-16 QTR TRN & PROG DBL CHASSES;;;; FISHTAIL 5;-,-, 5 TO THE SIDE,-;

- SS 1 Fwd L,-, fwd R trng RF,-;
- QQQQ 2 Sd L trng 1/8 RF, cont 1/8 RF trn cl R, sd L, cl R;
- SS 3 Sd & bk L DLC,-, bk R start LF tr,-;
- QQQQ 4 Sd L, cl R, sd L, cl R;
- SS 5 Sd and slightly fwd L,-, fwd R to BJO/DW,-;
- QQQQ 6 XLIB, slight RF trn sd R, fwd L with L shldr lead, XRIB;
- SQQ 7 Fwd L,-, blending to CP sd R twd DW, cl L;
- QQS 8 Sd R, cl L, sd R,-;

Part C

1-8 REV CHASSE TRN;-,-, FWD,-; FWD LK FWD; MANUV SD CL; OP IMP;-,-, THRU HOP,-; SCOOP;

- SQQ 1 Fwd L trng LF,-, sd R cont trn, cl L CP/ROD;
- SQQ 2 Bk R trng LF,-, tch L beside R and cont trn, cont LF trn on R (fwd L trng LF,-, sd R cont trn, cl L);
- SS 3 Fwd L to BJO/DW,-, fwd R with L sd lead and L stretch to BJO,-;
- QQS 4 Fwd L, lk RIB of L, fwd L,-;
- SQQ 5 Fwd R outside partner comm RF turn,-, cont RF trn to fc partner & RLOD sd L, cl R;
- SS 6 Comm RF trn bk L,-, cl R [heel trn] cont trn,- (Comm RF trn fwd R between M's feet,-, sd & fwd L cont trn arnd M brush R to L,-);
- SS 7 Fwd L in SCP,-, fwd R with lift trng to CP/W,- (Fwd R in SCP,-, fwd L with lift trng to CP/W,-);
- SS 8 Slide L with L side stretch long sd stp,-, close R slight LF tr,-;

9-16 FISHTAIL; FWD CL; 6 QK TWINKLES;-,-, STP FWD,-; MANUV SD CL; SPIN TRN;-,-, BK & CHASSE SCP,-;

- QQQQ 1 XLIB, slight RF trn sd R, fwd L with L shldr lead, XRIB;
- SS 2 Fwd L,-, cl R to L with L shldr lead,-;
- QQQQ 3 Sd & fwd L with L sd stretch, cl R, dissolve sway XLIB, cl R;
- QQS 4 Fwd L, lk RIB, fwd L,-;
- SQQ 5 Fwd R outside partner comm RF trn,-, cont RF trn to fc partner & RLOD sd L, cl R;
- SS 6 Comm RF trn bk L pivoting RF to fc LOD,-, fwd R cont trn to fc DRW,-;
- SS 7 Recover sd & bk L,-, bk R starting to trn LF,-;
- QQS 8 Sd L, cl R blending to SCP, sd L to SCP,-;

Tag

FLICK

- & Flick LIB of R (Flick RIB of L)