

Serenantella

(Basic International Tango)



Choreographers: Kenji & Nobuko Shibata, Misugidai 2-2-1-512, Hanno-shi, Saitama-ken,
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Music: "Dance Dance Dance" Vol. 3 Track #6 Artist: Hisao Sudo & New Down Beats
Slowed & edited – contact choreographers for info

Suggested speed: 31MPM

Footwork: Opposite, directions for man (lady as noted) [Note: Timing indicates weight changes only]

Rhythm & Phase: Tango V+1 (Natural Twist Turn)

Sequence: **Intro A B A Inter A B A End**

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Meas

INTRO

1-4 WAIT; FWD to R-LUNGE; RK TRN 3; BK CHASSE TAP TO SCP;

- 1 Wait 1 meas in CP M fcg WALL lead ft free;
SS 2 **{Fwd to R-Lunge}** Fwd L, -, sd & fwd R flexing knee looking right (W looking well left), -;
QQS 3 **{Rk Trn 3}** Bk L, rec R slightly trng RF, cont trng RF bk L end CP M fcg DRW, -;
QQ&-- 4 **{Bk Chasse Tap to SCP}** Bk R twd DLC, sd L/cl R, slightly trng body LF (W RF) tap L sd & fwd, -
end SCP fcg DLW;

PART A

1-8 NAT TWIST TRN TO SCP;; BK OPEN PROM;; FIVE STEP TO SCP;; PROM LINK; OPEN REV TRN CL FIN;;

- SQQ 1-2 **{Nat Twist Trn to SCP}** SCP fcg DLW sd & fwd L, -, thru R comm trng RF, cont trng RF sd & bk L
S-- around W (W sd & fwd R, -, thru L trng RF, fwd R btwn M's ft) end momentary in BJO M fcg RLOD;
(W SQQ) XRIB under body flexing knee, -, comm twist RF on ball of R & heel of L, cont twist RF on both ft
shift wgt to R (W fwd L w/ L-sd lead comm trng RF, -, cont trng RF fwd R outside ptr around M, cont
trng RF sd & fwd L) end SCP fcg DLW;
SQQS 3-5 **{Bk Open Prom}** Sd & fwd L, -, thru R comm trng RF, cont trng RF sd & bk L; Bk R checking trng
body LF, - end CP M fcg DRW;
QQS&-- **{Five Step to SCP}** Fwd L, trng LF sd & bk R to BJO; Bk L ptr outside, -/swiveling LF on L bk R to
CP M fcg LOD, trng body LF leading W trn RF to SCP tap L sd & fwd, - end SCP fcg DLC;
SQ- 6 **{Prom Link}** Sd & fwd L, -, thru R picking up W, trng body LF tap L sd (W sd & fwd R, -, thru L,
swiveling LF on L to fc M tap R sd) end CP M fcg DLC;
QQS 7-8 **{Open Rev Trn Cl Fin}** Fwd L comm trng LF, cont trng LF sd & bk R, bk L ptr outside, - (W bk R
comm trng LF, cont trng LF sd & fwd L, fwd R outside ptr, -) end BJO M fcg RLOD; Bk R comm
trng LF, cont trng LF sd & fwd L, cl R, -(W fwd L comm trng LF, cont trng LF sd & bk R, cl L) end
CP M fcg DLW;

PART B

1-8 PROG LINK,, OPEN PROM;; RK 2 & BK CORTE;; REV FALLAWAY& SLIP; TELEMARK TO SCP; THRU SD TO DROP OVERSWAY; RISE CL TAP TO SCP;

- QQ 1-2 **{Prog Link}** CP M fcg DLW fwd L, sd & slightly bk R end SCP fcg LOD,
SQQS **{Open Prom}** Sd & fwd L, -; Thru R, sd & fwd L, fwd R outside ptr, - (W sd & fwd R, -; Thru L, trng
slightly LF to fc M sd & bk R, bk L ptr outside, -) end BJO M fcg DLW;
QQS 3-4 **{Rk 2 & Bk Corte}** Bk L, rec R, bk L, -; Bk R comm trng LF, cont trng LF sd & fwd L, cl R, - end CP
M fcg DLC;
QQQQ 5 **{Rev Fallaway & Slip}** Fwd L comm trng LF, cont trng LF sd R twd DLC, XLIB (W XRIB)
momentary in SCP fcg DRW, slip R under body strongly trng LF to fc DLC end CP M fcg DLC;
QQS 6 **{Telemark to SCP}** Fwd L comm trng LF, cont trng LF sd & bk R, cont trng LF sd & fwd L twd LOD,
- (W bk R comm trng LF, cont trng LF on R cl L, sd & fwd R, -) end SCP fcg LOD;
QQ-- 7 **{Thru Sd to Drop Oversway}** Thru R, sd & fwd L looking L w/ slight sway L, flexing L-knee chg
sway to R looking at W, - (W thru L, sd & fwd R w/ slight sway R looking R, flexing R-knee chg
sway to L looking well L, -);
--&-- 8 **{Rise Cl Rap to SCP}** Gradually straighten L-knee, -/cl R, slightly swivel RF on R tap L sd & fwd, -
end SCP fcg DLW;

INTER

- 1-4 **FWD TO R-LUNGE; RK TRN;; CONTRA CHECK REC TAP TO SCP;**
 SS 1 {Fwd to R-Lunge} CP M fcg DLW fwd L, -, sd & fwd R flexing knee looking right (W looking well left), -;
 QQS 2-3 {Rk Trn} Sd & slightly bk L, slightly trng RF rec R w/ R-sd lead, cont trng RF bk L w/ L-sd lead, -;
 QQS Bk R, trng LF sd & fwd L, cl R, - end CP M fcg DLW;
 QQ-- 4 {Contra Check Rec Tap to SCP} Flexing R-knee fwd L checking across body looking at W, rec R, slightly trng body RF tap L sd & fwd, - (W flexing L-knee bk R across body looking well L, rec L, trng body RF tap R sd & fwd, -) end SCP fcg DLW;

END

- 1-4+ **FWD TO R-LUNGE; RK TRN;; CONTRA CHECK REC TAP TO SCP; SWAY CHG TO R-LUNGE LINE,,**
 SS 1-3 CP M fcg DLW repeat Meas 1-3 of INTER;;;
 QQ-- 4+ {Contra Check Rec Tap to SCP} Flexing R-knee fwd L checking across body looking at W, rec R, slightly trng body RF tap L sd & fwd w/ sway to L, - (W flexing L-knee bk R across body looking well L, rec L, trng body RF tap R sd & fwd w/ sway to R, -) end SCP fcg DLW w/ sway to L;
 -- {Sway Chg to R-Lunge Line} Flexing R-knee chg sway to R looking at W, - (W flexing L-knee chg sway to L looking well to L, -),