

"I'M STILL ME"

CHOREOGRAPHY: **Kay & Joy Read**, 1800 Lawyer Place, College Station, TX 77840
Ph: (979) 696-4073 E-mail: kread@cvm.tamu.edu
MUSIC: "Still Me" by Erkan Aki [**Contact Choreographer For Availability**]
[CD Casa Musica, The Best Of Ballroom Music, Vol. 20, Track 6]
RHYTHM & PHASE: Phase VI Waltz
SEQUENCE: INTRO, A, A, B, A Mod, B Mod, A (9-16), END

INTRO

1-4 **WAIT & RAISE ARMS; TOG BJO; CANTER WHEEL; START RUNAROUND;**
1 [WAIT] Wait 1 ms slightly apt L ft free fc ptr & DLW slo raise arms (W wait 1 ms slightly apt R ft free fc ptr & DRC slo raise arms);
2 1 [TOG BJO] Fwd L BJO lt arm out to sd rt arm around W's waist, __, __ (W fwd R BJO rt arm out to sd lt arm on M's lt sh, __, __);
3 1_3 [CANTER WHEEL] Looking at ptr rf wheel fwd R, __, fwd L fc RLOD (W looking at ptr rf wheel fwd L, __, fwd R fc LOD);
4 12&3& [RUNAROUND] Rf wheel run fwd R, L/R, L/R fc RLOD (W rf wheel run fwd L, R/L, R/L fc LOD);

5-8 **FIN RUNAROUND; LADY ROLL RLOD; SD WITH ARM SWEEP; SLO**
CROSS CK;
5 1&2&3 Cont rf wheel run fwd L/R, L, R fc LOD (W cont rf wheel run fwd R/L, R, L fc RLOD);
6 1__(1&2&3) [LADY ROLL RLOD] Bk L RLOD tch R to L fc WALL join M's rt W's lt hds, __, __ (W fwd R RLOD rf roll 1½/L, R/L, sd R fc WALL);
7 1 [SD WITH ARM SWEEP] Sd R RLOD lt arm sweep ccw look RLOD, __, __ (W sd L RLOD rt arm sweep ccw look RLOD, __, __);
8 1 [SLO CROSS CK] M's rt W's lt hds joined cross ck Lif RLOD extend lt arm bk LOD looking RLOD, __, __ (W cross ck Lif RLOD extend rt arm fwd looking RLOD, __, __);

9-12 **CHASSE/LADY ROLL TRANS; NAT TRN; OVERTRN SPIN TRN; RT TRNG**
LK;
9 12&3(1&2&3) [CHASSE/LADY ROLL] Bk R, sd L/cl R, fwd L BJO DLW (W bk R/lf roll L, R/L, bk R BJO fc DRC);
10 123 [NAT TRN] Fwd R DLW outsd ptr, fwd L rf trn, cl R CP RLOD (W bk L ptr outsd, rf trn sd R, cl L CP fc LOD);
11 123 [OVERTRN SPIN TRN] Bk L pvt rf, fwd R LOD pvt rf, bk L CP RLOD (W fwd R pvt rf, bk L LOD pvt rf, fwd R CP fc LOD);
12 1&2&3 [RT TRNG LK] Bk R/lk Lif, rf trn fwd R DLC between ptr's ft, fwd L SCP DLC (W fwd L/lk Rib, rf trn sd L, fwd R SCP DLC);

13-16 **RUN OP NAT; RIS LK; DBL REV SPIN; TELE TO;**
13 12&3 [RUN OP NAT] SCP DLC fwd R, fwd L rf trn CP/bk R, bk L BJO DRW ptr outsd (W SCP DLC fwd L, fwd R CP/fwd L, fwd R outsd ptr BJO fc DLC);
14 123 [RIS LK] Bk R CP, lf trn sd L, lk Rib CP DLC (W fwd L CP, lf trn sd R, lk Lif CP fc DRW);
15 123(12&3) [DBL REV SPIN] CP fwd L, fwd R lf spin, tch L to R CP LOD (W CP bk R, cl L to R lf heel trn CP/fwd L lf trn, lk Rif CP fc RLOD);
16 123 [TELE] CP fwd L DLC, fwd R lf trn fc RLOD, bk L (W CP bk R, cl L to R lf heel trn CP fc LOD, fwd R);

17-18 **THROWAWY OVERSWAY;**
17-18 __;__ [THROWAWY OVERSWAY] lower on L lf body rotation CP rt leg soft & extended RLOD (W lower on R lf body rotation rt leg soft & extended LOD CP head lt);;

PART A

1-4 **PROM LINK; CHASSE BJO; CURV FEATHER; BK & PREP;**
1 1_3 [PROM LINK] Rf body rotation & cl R to L, rise, fwd L SCP DLW (W rf swivel cl L to R, rise, fwd R SCP DLW);
2 12&3 [CHASSE BJO] Fwd R, fwd Lslight rf body trn/cl R CP, fwd L BJO DLW (W fwd L, fwd R lf trn/cl L CP, bk R BJO fc DRC);
3 123 [CURV FEATHER] BJO fwd R outsd ptr DLW, fwd L rf curve, fwd R outsd ptr BJO DRW (W BJO bk L ptr outsd, bk R rf curve, bk L ptr outsd BJO fc DLC);
4 1__(12_) [BK & PREP] Bk L, rf body trn tch R to L, lower on L rt sd stretch extend R fwd & sd behind ptr (W fwd R, rf trn cl L to R, head rt lower on L extend R bk);

5-8 **SAME FT LUNGE; HOV CORTE EXIT; OUTSD SPIN & TWIST SCP;**
5 1 [SAME FT LUNGE] Sd & fwd R beh ptr, chg to rt sway, chg to lt sway (W bk R, chg head lt, chg head rt);
6 1_3(123) [HOV CORTE EXIT] Rec sd & fwd L RLOD, lf body trn rise, cl R to L BJO RLOD (W rec fwd L, fwd R lf trn & rise, fwd L BJO fc LOD);
7 123&;_3 [OUTSD SPIN & TWIST SCP] BJO small bk L ptr outsd rf trn, fwd R LOD outsd ptr, rf trn sd L/hook Rib CP RLOD (W BJO fwd R DLW outsd ptr, rf toe spin cl L to R, fwd R CP fc LOD/fwd L rf around ptr);
8 (123&;123) CP RLOD unwind rf, rise on R, fwd L SCP DLC (W fwd R rf around ptr, fwd R rf trn, fwd L SCP DLC);

Cont. PART A

- 9-12**
 9 123
 10 12_(12&3)
 11 12&3
 12 123
- SLO SD LK; DBL REV SPIN; RT CHASSE; OUTSD CHG SCP;**
[SLO SD LK] SCP DLC fwd R, fwd L, lk Rib CP DLC (W SCP fwd L, lf tm sd R, lk Lif CP fc DRW);
[DBL REV SPIN] CP fwd L, fwd R lf spin, tch L to R CP LOD (W CP bk R, lf heel tm cl L to R CP/fwd R lf tm, lk Lif CP fc RLOD);
[RT CHASSE] CP fwd L DLC lf tm, sd R/cl L, bk R BJO LOD (W CP bk R lf tm, sd L/cl R, fwd L BJO fc RLOD);
[OUTSD CHG SCP] Bk L BJO ptr outsd, bk R CP lf tm, fwd L SCP DLW (W fwd R BJO outsd ptr, fwd L CP lf tm, fwd R SCP DLW);
- 13-16**
 13 1__
 14 1__
 15 12_
 16 ___
- WHIPLASH; SLO OUTSD SWIVEL; THRU TO PROM SWAY & CHG SWAY;;**
[WHIPLASH] Fwd R lf body tm lt sd stretch pt L fwd, __, __ (W fwd L lf swivel head lt pt R bk, __, __);
[SLO OUTSWIVEL SCP] BJO bk L ptr outsd pt R fwd, rf body rotation SCP LOD, __ (W BJO fwd R outsd ptr, rf swivel SCP LOD, __);
[THRU TO PROM SWAY] SCP LOD fwd R, fwd L head lt, strong rt sd stretch (W SCP fwd L, fwd R head rt, strong lt sd stretch);
[CHG SWAY] Slo lower on L strong lt sd stretch head rt looking at ptr soft R leg extended RLOD, __, __ (W slo lower on R chg head lt soft L leg extended RLOD, __, __);

PART A

- 1-4**
5-8
9-12
13-16
- PROM LINK; CHASSE BJO; CURV FEATHER; BK & PREP;**
SAME FT LUNGE; HOV CORTE EXIT; OUTSD SPIN & TWIST SCP;;
SLO SD LK; DBL REV SPIN; RT CHASSE; OUTSD CHG SCP;
WHIPLASH; SLO OUTSD SWIVEL; THRU TO PROM SWAY & CHG SWAY;;

PART B

- 1-4**
 1 123
 2 12_&;_2_&;_3
 (123&;123&;1_3)
 3
 4
- FALLAWY RONDE SLIP; DBL TELESPIN WITH MINI-TELESPIN END;;;**
[FALLAWY RONDE SLIP] Sd R ronde L ccw, bk L, lf slip bk R CP DLC (W sd L ronde R cw, bk R, lf slip fwd L CP fc DRW);
[DBL TELESPIN WITH MINI-TELESPIN END] CP fwd L, fwd R lf tm, partial wt sd L allow ptr insd rt hip/fwd R full wt CP LOD
 (W CP bk R, lf heel tm cl L to R, fwd R LOD tch L to R lt hip insd ptr's rt hip/fwd L lf tm CP fc RLOD);
 CP lf spin on L, fwd R COH, sd L partial w allow ptr insd rt hip/fwd R full wt CP LOD
 (W sd R, lf toe spin cl L to R, fwd R LOD tch L to R lt hip insd ptr's hip/fwd L lf tm CP fc RLOD);
 CP lf spin on L, cont lf spin on L, cl R to L CP DRC (W sd R, lf toe spin on R, cl L to R CP fc DLW);
- 5-8**
 5 123
 6 123;_3
 (12&3&;123)
 7
 8 12&3
- CONTRA CK & SWITCH; DBL RONDE TWIST TRN;; BK & CHASSE BJO;**
[CONTRA CK & SWITCH] CP DRC lower on R lf body tm rt sd stretch fwd L strong contra, rec bk R, rf tm & slip bk L CP DLC (W CP lower on L lf body tm head rt bk R strong contra chg head lt, rec fwd l, rf tm & slip fwd R CP fc DRW);
[DBL RONDE TWIST TRN] CP fwd R against ptr's rt leg rf body rotation ronde L fwd cw, fwd L WALL, rf tm hook Rib CP RLOD
 (W bk L ronde R bk cw, bk R/lf tm sd L CP fc LOD, start rf run around ptr xRif/ fwd L);
 CP unwind rf, rise on R trng rf, bk L CP DRW (Wc ont rf runaround ptr fwd R, fwd L rise trng rf, fwd R CP fc DLW);
[BK & CHASSE BJO] CP DRW bk R lf tm, sd L/cl R, fwd L BJO DLW (W CP fwd L lf tm sd R/cl L, bk R BJO fc DRC);
- 9-12**
 9
 10 123;1__
 (123;12_)
 11
 12 _12(123)
- NAT TRN; PVT 3 TO RT HINGE;; REV PVT;**
[NAT TRN] BJO DLW fwd R outsd ptr, fwd L rf tm, cl R CP RLOD (W BJO bk L ptr outsd, rf tm sd R, cl L CP fc LOD);
[PVT 3 TO RT HINGE] CP RLOD bk L pvt rf, fwd R pvt rf, bk L pvt rf CP COH
 (W CP fwd R pvt rf, bk L pvt rf, fwd R pvt rf CP WALL);
 Sd R behind ptr lower with rf body rotation L extended RLOD, __, __ (W sd L insd ptr's hip, rf tm hook Rib, lower and flick Lif of R head rt);
[REV PVT] Lf body tm CP RLOD, fwd L pvt lf, bk R cking CP DLC (W fwd L pvt lf CP fc LOD, bk R pvt lf, fwd L cking CP fc RLOD);
- 13-16**
 13 123
 14 123
 15 12&3
 16 1__
- REV TRN 1/2; HOV CORTE; RT CHASSE; SLO CONTRA CK;**
[REV TRN 1/2] CP DLC fwd L, fwd R lf tm, cl L CP RLOD (W CP bk R, lf tm sd L, cl R CP fc LOD);
[HOV CORTE] CP bk R, lf tm sd L & rise, bk R BJO LOD (W CP fwd L, fwd R lf tm & rise, fwd L BJO fc RLOD);
[RT CHASSE] BJO bk L ptr outsd, rf tm sd R/cl L, sd R CP DRW (W BJO fwd R outsd ptr, rf tm sd L/cl R, sd L CP fc DLC);
[SLO CONTRA CK] CP DRW lower on R lf body tm rt sd stretch fwd L strong contra, chg to lt sd stretch, __ (W CP lower on L lf body tm head rt bk R strong contra, chg head lt, __);

PART A Mod

- 1-4
1 1_3 **BK HOV EXIT SCP; CHASSE BJO; CURV FEATHER; BK & PREP;**
[BK HOV EXIT SCP] CP DRW bk R, rise on R lf body rotation, fwd L SCP DLW (W CP fwd L, rise on L rf body rotation, fwd R SCP);
- 5-8
9-12
13-16 **SAME FT LUNGE; HOV CORTE EXIT; OUTSD SPIN & TWIST SCP;;**
SLO SD LK; DBL REV SPIN; RT CHASSE; OUTSD CHG SCP;
WHIPLASH; SLO OUTSD SWIVEL; THRU TO PROM SWAY & CHG SWAY;;

PART B Mod

- 1-4
5-8
9-12
13-16
13 123
14 123
15 123
16 1&23
- FALLAWY RONDE SLIP; DBL TELESPIN WITH MINI-TELESPIN END;;;**
CONTRA CK & SWITCH; DBL RONDE TWIST TRN;; BK & CHASSE BJO;
NAT TRN; PVT 3 TO RT HINGE;; REV PVT;
FULL REV TRN;; WHISK; SYNC WHISK;
[FULL REV TRN] CP DLC fwd L, fwd R lf tm, cl L CP RLOD (W CP bk R, lf tm sd L, cl R CP fc LOD);
CP bk R, lf tm sd L, cl R CP DLW (W CP fwd L, fwd R lf tm, cl L CP fc DRC);
[WHISK] CP fwd L, fwd R, lf body rotation hook Lib SCP DLC (W CP bk R, bk L, rf body rotation hook Rib SCP DLC);
[SYNC WHISK] SCP fwd R/lf swivel CP DLW cl L, sd R, lf body rotation hook Lib SCP DLC
(W SCP fwd L/lf swivel cl R CP fc DRC, sd L, rf body rotation hook Rib SCP DLC);

PART A (9-16)

- 9-12
13-16 **SLO SD LK; DBL REV SPIN; RT CHASSE; OUTSD CHG SCP;**
WHIPLASH; SLO OUTSD SWIVEL; THRU TO PROM SWAY & CHG SWAY;;

END

- 1-4
1 1_3
2 12&3
3 1&23
4 123
- PROM LINK; RUN OP NAT; TUMBLE TRN; LT WHISK;**
[PROM LINK] Rf body rotation & cl R to L, rise, fwd L SCP DLW (W rf swivel cl L to R, rise, fwd R SCP DLW);
[RUN OP NAT] SCP DLC fwd R, fwd L rf tm CP fc DRW/bk R, bk L BJO ptr outsd
(W SCP DLC fwd L, fwd R CP/fwd L, fwd R outsd ptr BJO fc DLC);
[TUMBLE TRN] Bk R CP/lf tm sd L, fwd R BJO DLC outsd ptr, fwd L lt sway CP lf pvt on L CP RLOD
(W fwd L CP/fwd R lf tm, bk L BJO ptr outsd, bk R CP head rt lf pvt on R fc LOD);
[LT WHISK] CP Bk R lf tm, sd L, hook Rib fc DLW (W CP fwd L, lf tm sd R, hook Lib flick Rif of L fc DRC);
- 5-8
5 3(&1&23)
6 1&23
7 123
8 23
(12&3)
- SYNC TWIST TRN SCP; PROM RUN; SLO SD LK; SPIT RONDE;**
[SYNC TWIST TRN SCP] Unwind rf, rise on R, fwd L SCP DLC (W fwd R around ptr/fwd L, fwd R/fwd L rise & rf tm, fwd R SCP DLC);
[PROM RUN] SCP DLC fwd R/fwd L, fwd R BJO outsd ptr, fwd L SCP DLC (W SCP fwd L/sd R, bk L BJO ptr outsd, rf tm fwd R SCP);
[SLO SD LK] SCP fwd R, fwd L, lk Rib CP DLC (W SCP fwd L, lf tm sd R, lk Lif CP fc DRW);
[SPIT RONDE] CP qk lower on R ronde L fwd cew, lf tm bk L, slip bk R CP DRW
(W CP cl R to L qk lower on R ronde L fwd cew, lf tm xLib/fwdR, slip fwd L CP fc DLC);
- 9-10
9-10 1_;
- SLO CONTRA CK & EXTEND;;**
[SLO CONTRA CK] CP DRW lower on R lf body tm rt sd stretch fwd L strong contra & slo chg to lt sd stretch & slowly extend the line
(W CP lower on L lf body tm head rt bk R strong contra & slo chg head lt & slowly extend the line);