

I'M FALLING

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MUSIC: Klaus Hallen Pops 3 - "Falling Into You" Gaby Goldberg - Track #5 **RELEASED:** October 2018

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SEQUENCE: Intro, A, B, C, A (1-8), B, Ending **SPEED:** Slow From 25 to 24 MPM (also cut to shorten)

RHYTHM: Rumba **PHASE:** V+2 (Curl & Rope Spin) **FOOTWORK:** Described for M - W opp (or as noted)

INTRO

1 - 4 WAIT 1 MEAS; CUDDLES; 2nd ONE LADY SPIRAL (TO WALL); HOCKEY STICK ENDING;

- 1 - Wait 1 meas in CUDDLE POS M FCING WALL both with trailing foot free;
- 2 - Sd R leading W to trn LF & sweep R arm out to sd, rec L, cl R to L (swvl ¼ LF on R/sd L & sweep L arm out to sd, rec R trng ¼ RF, cl L to R) to end CUDDLE POS M FCING WALL,-;
- 3 - Sd L leading W to trn RF & sweep L arm out to sd, rec R, re-join lead hands cl L to R (swvl ¼ RF on L/sd R & sweep R arm out to sd, rec L trng slightly LF, small fwd R in front of M, spiral ¾ LF to fc WALL),-;
- 4 - Bk R, rec L, fwd R (fwd L WALL, fwd R trng 3/8 LF under joined lead hands, cont LF trn bk L) to end LEFT OPEN FCING POS M FCING WALL,-;

PART A

1 - 4 OPEN HIP TWIST; FAN OVERTURNED TO FIGUREHEAD LINE; ALEMANA LADY TURN TO R HANDS; w/STEP RONDE ENDING;

- 1 - Fwd L, rec R, keeping fwd poise almost cl slightly bk L (bk R, rec L, fwd R/trn hips only RF towards LOD),-;
- 2 - Bk R, rec L trng ¼ LF, fwd R (fwd L LOD, fwd R spiral 7/8 LF under joined lead hands, cont LF trn fwd L raising L hand high) to end lead hands joined low in figurehead position M behind W FCING LOD,-;
- 3 - Fwd L leading W fwd then flip lead hands to lead W to trn RF, change to R hand hold rec R, cl L to R (fwd LOD/sharply swvl ½ RF on R, fwd L, fwd R) to end w/R hands joined high M fcng LOD & ptr,-;
- 4 - Bk R, rec L lowering R hands in front to lead W, fwd & across R as you floor ronde L ft CW (fwd L twd DRC trng RF under joined lead hands brushing R to L, fwd R twd DLW trn RF to fc M, fwd L trng ½ RF as you floor ronde R ft CW placing L hand temp on M's R shldr) to end both FCING LOD W to M's R sd & slightly behind him,-;

5 - 8 VINE & WHEEL TO M'S SKATER WALL; LADY SPIRAL OUT TO BFLY; SIDE WALK 3; CRAB WALK 4;

- 5 - Cont CW ronde XLIF of R comm RF wheel, sd & bk R joining L hands at your L side & placing R hands on your R hip, cont RF trn bk L (cont CW ronde XRIB of L comm RF wheel, sd & fwd L joining L hands, cont RF trn fwd R) to end in M's SKATERS POS FCING WALL,-;
- 6 - Releasing R hands bk R leading W fwd in front to spiral, rec L, fwd R twd WALL (cont RF trn fwd L in front of M/spiral 7/8 RF, fwd R twd WALL, fwd L trng ½ RF) blending to BFLY WALL,-;
- 7 - Sd L LOD, cl R to L, sd L still in BFLY,-;
- 8 - Fwd & across R trng hips to LOD, sd L trng hips to WALL, fwd & across R trng hips to LOD, sd L trng hips to WALL;

9-13 THRU TO FAN M CLOSE & FACE WALL; HOCKEY STICK LADY SPIRAL ON 3; O.T. TO FACE; NEW YORKER IN 4; NEW YORKER;

- 9 - Fwd & across R trng hips to LOD, cl L to R/swvl ¼ RF trng hips to WALL leading W to trn LF, sd & slightly fwd R (fwd & across L trng hips to LOD, fwd R/swvl 3/8 LF, cont LF trn bk L) to FAN POS M FCING WALL,-;
- 10 - Fwd L, rec R, raising joined lead hands high cl L to R leading W to spiral (cl R to L, fwd L, fwd R in front of M, spiral 7/8 LF under joined lead hands),-;
- 11 - Bk R trng 1/8 RF, rec L, trng 1/8 LF sd R (fwd L toe pting DRW, fwd R DRW turn ½ LF under joined lead hands, cont LF trn sd L) to end mom BFLY WALL,-;
- 12 - Trng RF to LEFT OPEN fwd L RLOD checking, rec R trng LF, cont LF trn sd L to fc ptr checking, rec R;
- 13 - Trng RF to LEFT OPEN fwd L RLOD checking, rec R trng LF, cont LF trn sd L to fc ptr in BFLY,-;

PART B**1 - 4 SPOT TURN w/OPEN FALLAWAY RONDE; BACK VINE & SPIRAL TO HANDSHAKE; SIDE WALK 3; SHADOW BREAK M TOUCH LADY SPIRAL TO VARSOUVIENNE;**

- 1 - Fwd & across R LOD trng LF, rec L cont LF trn to fc ptr, sd R trng ¼ LF to join trailing hands as you ronde L ft CCW (R ft CW) to brief OPEN POS FCING LOD,-;
- 2 - Bk L, trng RF sd & fwd R releasing trailing hands, fwd L, spiral 7/8 RF;
- 3 - Cont RF trn sd R twd RLOD as you join R hands, cl L to R, sd R to end fcng ptr w/R handshake,-;
- QQ-- 4 - Swvl LF on R/bk L, rec R, tch L to R as you take R hands down & up over W's R shoulder raise R hands to lead W's spiral then join L hands (swvl RF/bk R, rec L, small fwd R, spiral 7/8 LF on R) to end VARSOUV FCING LOD & both w/L ft free,-;

5 - 8 RUMBA WALKS SYNCOPATED; R HANDS FWD 2 RONDE FACE POINT TO STACK HANDS; CROSS HAND UNDERARM TO LUNGE SIT LINE; W SLOW REC & SYNCOPATE FAN M REC;

- QQ&S 5 - Fwd L, fwd R/fwd L, fwd R still in VARSOUVIENNE POS FCING LOD,-;
- QQ-- 6 - Fwd L, fwd R lowering R hands to lead W to ronde trng ¼ RF, point L sd twd LOD (fwd L, fwd R trng ¾ RF as L ft rondes CW, point L sd twd RLOD) and join L hands under R hands fcng M FCING WALL,-;
- 7 - Rk sd L taking R hands over W, sd R taking L hands over W, sd L flexing L knee in lunge line (fwd & across L LOD trng RF, rec R cont RF trn to fc ptr, fwd L swvl ½ RF softening knee into sit line) to end all hands joined low wrist touching looking at ptr,-;
- Q 8 - Hold lunge line leading W fwd,-, to turn and change to lead hand hold, rec sd R (fwd R,-, fwd L/trng ½ LF cl R to L, bk L) to FAN POS M FCING WALL;
- (SQ&Q) **NOTE:** This syncopation here for the W fits the music better, but you must then immediately start the Stop & Go Hockey Stick in the next measure without pause.

9-12 STOP & GO HOCKEY STICK;; CURL BOTH FACE LINE; AIDA & CHECK;

- 9 - Fwd L, rec R, trng slightly LF cl L to R (cl R to L, fwd L, fwd R trng ½ LF under joined lead hands),-;
- 10 - Lower well in L knee lunge fwd R cking, rec L trng RF, sd R (bk L lowering in to sit line raising L arm straight up palm out, rec R out of sit line lowering arm, fwd L trng ½ RF under joined lead hands) back to FAN POS,-;
- 11 - Fwd L, rec R trng LF, small fwd L twd LOD leading W under joined lead hands (cl R to L, fwd L, fwd R trng ½ LF under joined lead hands) to end in MOD WRAP FCING LOD M's R hand on W's R shoulder blade,-;
- 12 - Thru R, trn RF sd L, cont RF trn sd & bk R checking to bk to bk V-pos sweeping trailing arm up & bk,-;

13-16 HIP ROCK 3 SHARP SWIVEL TO ½ OPEN; OPEN IN & OUT RUN; M FENCE LINE IN 4 TO OPEN CENTER; BOTH FENCE RECOVER POINT w/ARM SWEEP;

- 13 - Hip rock fwd L, bk R, fwd L/sharply swivel ¼ LF to scoop up ptr w/R arm under W's L arm pt R sd & bk twd RLOD to end ½ OPEN LOD,-;
- 14 - Fwd R comm RF trn, sd L cont RF trn as you scoop up ptr with your L arm under W's R arm, cont RF trn sd & fwd R LOD (fwd L comm slight RF trn, fwd R between M's feet cont RF trn, sd & fwd L) to end V-SHAPE LEFT ½ OPEN LOD W slightly ahead of M,-;
- QQQQ 15 - Soften R knee fwd & across L LOD flexing L knee, rec R joining trail hands, bk & sd L, rec R (fwd R comm RF trn, sd L cont RF trn joining trail hands, cont RF trn sd & fwd R LOD,) to OPEN POS FCING CTR;
- QQ-- 16 - XLIF of R as you extend lead arms out to sd, rec R, point L sd & bk RLOD as you sweep lead arm in & up,-;

PART C**1 - 4 LADY SYNC ROLL L TO SLOW DEEP CUDDLE CORTE;,-, RECOVER LADY RONDE TO SEMI,-; BACK SYNCOPATED INSIDE TURN TO BFLY; NEW YORKER TURN TO SHADOW LINE;**

- S 1 - Hold but lead W to roll to you as you shape preparing to catch W,-, catching W blending to CUDDLE bk L (Q&QS) (fwd L comm LF roll/fwd & sd R cont LF roll, sd & fwd L complete 1 full LF roll blending to CUDDLE POS, fwd R) to CUDDLE CP LOD,-;
- S 2 - Soften lead knee heads down into ptr,-, fwd R LOD between W's feet keeping L ft bk flexing R knee while turning upper body RF (bk L & swing R leg out in a circular floor ronde CW movement while trng RF on L ft) re-joining lead hands to SCP LOD,-;
- QQ&S 3 - Bk L RLOD, trng RF sd R/cl L to R trng W under lead hands, sd R (bk R RLOD trng LF, sd & fwd L cont LF trn/cl R to L trng LF under joined lead hands, sd L) to end LEFT OPEN FCING M FCING WALL,-;
- 4 - Trng RF to LEFT OPEN fwd L RLOD checking, rec R trng LF, cont LF trn leading W to trn R as you release joined lead hands sd & fwd L to join L hands & place R hand on W's R shldr blade in SHADOW POS LOD,-;

PART C (CON'T)**5 - 8 RUMBA WALK 6;; FAN M CLOSE & FACE WALL; START AN ALEMANA TO BFLY;**

- 5 - Fwd R, L, R,-;
- 6 - Fwd L, R, L still in SHADOW POS FCING LOD,-;
- 7 - Fwd R, cl L to R/swvl ¼ RF trng hips to WALL leading W to trn LF, changing to lead hand hold sd & slightly fwd R (fwd & across L trng hips to LOD, fwd R/swvl 3/8 LF, cont LF trn bk L) to FAN POS M FCING WALL,-;
- 8 - Fwd L, rec R, sd L trng W (cl R to L, fwd L, fwd R swvl ¼ RF) to BFLY WALL,-;

9-12 HIP ROCKS LADY CROSS SWIVELS; HOLD LADY SLOW CURVE WALK 2; TO ROPE SPIN; (LEAD HANDS LOW);

- 9 - Leading W fwd sd R, sd L, sd R (XLIF of R LOD/swvl LF on L, XRIF of L RLOD/swvl RF on R, XLIF of R LOD/swvl LF on L) still in BFLY POS w/W to your L,-;
- 10 - Hold,-, leading W fwd to your R sd shaping to W then take lead hands high over W's forehead (XRIF of L RLOD,-, fwd L to M's R sd, spiral 7/8 RF),-;
- (SS) 11 - Sd L start taking L arm over own head, rec R, cl L to R (lariat circle around M CW fwd R, L, R to M's L sd) in LEFT OPEN POS FCING WALL,-;
- 12 - Bk R, rec L, sd R (cont around M fwd L, R trng RF to fc M, sd L) to join lead hands low,-;

PART A (1 - 8)**PART B****ENDING****1 - 4 LADY SYNC ROLL L TO SLOW DEEP CUDDLE CORTE;,-, RECOVER LADY RONDE TO SEMI,-; BACK SYNCOPATED INSIDE TURN TO BFLY; NEW YORKER TURN TO SHADOW LINE;**

- s 1 - Hold but lead W to roll to you as you shape preparing to catch W,-, catching W blending to CP bk L (fwd L (Q&QS) comm LF roll/fwd & sd R cont LF roll, sd & fwd L complete 1 full LF roll blending to CUDDLE POS, fwd R) to CUDDLE CP LOD,-;
- s 2 - Soften lead knee heads down into ptr,-, fwd R LOD between W's feet keeping L ft bk flexing R knee while turning upper body RF (bk L & swing R leg out in a circular floor ronde CW movement while trng RF on L ft) re-joining lead hands to SCP LOD,-;
- QQ&S 3 - Bk L RLOD, trng RF sd R/cl L to R trng W under lead hands, sd R (bk R RLOD trng LF, sd & fwd L cont LF trn/cl R to L trng LF under joined lead hands, sd L) to end LEFT OPEN FCING M FCING WALL,-;
- 4 - Trng RF to LEFT OPEN fwd L RLOD checking, rec R trng LF, cont LF trn leading W to trn R as you release joined lead hands sd & fwd L to join L hands & place R hand on W's R shldr blade in SHADOW POS LOD,-;

5 - 9 RUMBA WALK 6;; FAN M CLOSE & FACE WALL; ALEMANA; OVERTURN TO CLOSE TANDEM WALL;

- 5 - Fwd R, L, R,-;
- 6 - Fwd L, R, L still in SHADOW POS FCING LOD,-;
- 7 - Fwd R, cl L to R/swvl ¼ RF trng hips to WALL leading W to trn LF, changing to lead hand hold sd & slightly fwd R (fwd & across L trng hips to LOD, fwd R/swvl 3/8 LF, cont LF trn bk L) to FAN POS M FCING WALL,-;
- 8 - Fwd L, rec R, cl L to R raising joined lead hands palm to palm (cl R to L, fwd L, fwd R swvl ¼ RF shaping to M),-;
- 9 - Bk R, rec L, cl R to L leading W to trn ((fwd L twd DLC trng RF under joined lead hands brushing R to L, fwd R twd DRW trn RF to fc M, fwd L trng ½ RF, tch R to L) to close TANDEM POS M BEHIND W FCING WALL,-;

10 BACK TO FLAT PRESS LINE LADY LAY BACK & LEFT ARM CARESS;

- Q--- 10 - Placing both hands on the front of W's hips bk L toe pointing DLW keeping a strong straight leg allowing R (---) leg to bend like a chair foot flat while keeping strong fwd poise head down & to right (keeping feet together w/legs and body straight lay back on M sweeping L arm up to place L hand around M's neck trng head to L) to end looking at each other;

NOTE: Timing is standard QQS unless noted on side of measure and refers to actual weight changes.