

FORGET ME NOT

Choreographers: Brent and Judy Moore,
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Music: Prandi Sound CD 196, Latin Sensation 20 Feinda, track 16, "Olvidame"

Footwork: opposite, directions for man

Sequence: A, B, B, A (1-6), Ending

Difficulty Level: average

Level: PHASE IV+2 (spiral, hip twist) Rumba 2007



INTRODUCTION

1-4 WAIT 2;; HIP ROCKS 2 SLOWS; HOCKEY STICK ENDING man in 2;

- 1-2 **[WAIT 2]** Tandem face WALL left feet free for both hnds on lady's hips;;
3 **[Slow Hip Rock SS]** Rock Sd & fwd L roll hip fwd & bk, -, rec R roll hip fwd & bk fc WALL, -;
4 **[End of Hockey Stick Trans SS(QQS)]** Cl L lead lady fwd, - trn lady LF jn lead hnds, fwd R strng stp to opn fcng fc WALL, - (fwd L, fwd R trn LF, bk L to opn fcng fc COH, -);

PART A

1-6 OPEN HIP TWIST; FAN; ALEMANA;; SHOULDER to SHOULDER; CROSS BODY;

- 1 **[Hip Twist]** Fwd L, rec R, cl L press lft hnd slght fwd, -(bk R, rec L, fwd R trn RF to LOD, -);
2 **[Fan]** Bk R, rec L, sd & fwd R fan pos, - (fwd L, fwd R trn LF to fc RLOD, bk L fc ROLD, -);
3-4 **[Alemana]** Fwd L, rec R raise lead hnds, cl L, -; bk R, rec L, sd & fwd R to bfly sdcar WALL, - (cl R, fwd L, fwd R toe out start RF trn, -; fwd L brush rght ft trn RF, fwd R trn RF brush lft ft, trn RF sd L to bfly sdcar, -);
5 **[Shldr to Shldr]** Fwd L sdcar DRW, rec R, sd L to LOD release trail hnds, -;
6 **[Cross Body]** Bk R toe in brng lady fwd, rec L body trn LF, sd & fwd R to lft opn fc LOD, - (fwd L btwn man's feet trn LF, fwd & sd R trn LF, sd L to left opn LOD, -);* 2nd tm to bfly COH

7-14 AIDA; SWITCH RECOVER CROSS; CRAB WALK 3; FENCE LINE; SPOT TURN; CROSS BODY; BASIC;;

- 7 **[Aida]** Thru L, fwd R slght cbmp trn LF (RF) release lead hnds, jn trail hnds bk & sd L invert "V" pos fc RLOD lead hnds up & out, -;
8 **[Switch Cross]** Trn RF (LF) rk sd R bfly, rec L, XRIFL to bfly mvng RLOD, -;
9 **[Crab Walk 3]** Hips trn RF (LF) chest fc partner sd L, trn hips LF (RF) thru R toe out, hips trn RF sd L "V" bfly RLOD, -;
10 **[Fence]** Thru R RLOD soften knee body erect extend arms to bfly, rec L trn RF (LF), sd & fwd R to "V" bfly LOD, -;
11 **[Spot Turn]** Thru L trn RF (LF) 1/2, rec R trn RF (LF) 1/4, sd & fwd L RLOD, -;
12 **[Cross Body]** Bk R toe in brng lady fwd, rec L body trn LF, sd & fwd R to cp fc WALL, - (fwd L btwn man's feet trn LF, fwd & sd R trn LF, sd & bk L to cp, -);
13-14 **[Basic]** Fwd L, rec R, sd L; bk R, rec L, sd R opn fcng fc WALL;

PART B

1-6 ALEMANA;; HAND to HAND twice;; WHISK LINE lady SPIRAL; FAN;

- 1-2 **[Alemana]** Fwd L, rec R raise lead hnds, cl L, -; bk R, rec L, sd R to bfly fc WALL, - (bk R, fwd L, fwd R toe out start RF trn, -; fwd L brush rght ft trn RF, fwd R trn RF brush lft ft, trn RF sd L to bfly, -);
3-4 **[Hand to Hand twice]** Trn LF on R (RF on L) brng trail hnds thru bk L lead hnds up & out, rec R trn RF (LF), sd L to bfly Wall, -; trn RF on L (LF on R) brng lead hnds thru bk R trail hnds up & out, rec L trn RF (RF), sd R to loose cp Wall, -;
5 **[Whisk & Spiral]** Slght trn LF XLIBR semi LOD, rec fwd R slght trn RF, sd L raise lead hnds spiral lady LF, - (slght trn RF XRIBL, rec fwd L, fwd R spiral LF to look LOD body fc DLW, -);

6 **[Fan]** Fwd R, cl L trn RF, sd & fwd R fan pos,- (fwd L, fwd R trn LF to fc RLOD, bk L fc RLOD,-);

7-12 HOCKEY STICK;; HALF BASIC UNDERARM TURN to SDCAR; CHECK lady DEVELOPE; BACK SIDE CLOSE;

7-8 **[Hockey Stick]** Fwd L, rec R raise jnd lead hnds, cl L look at prtner,-; slght body trn RF bk R bhnd L, rec fwd L, fwd & sd R fc opn fcng DRW ,- (cl R, rec L, fwd R slght RF body trn look at man,-; fwd & sd L, fwd R trn LF undr lead hnds, bk L,-);

9 **[1/2 Basic QQS]** Fwd L, rec R, sd L opn fcng fc DRW,-;

10 **[Underarm Turn]** Bk R raise lead hnds trn W under, rec L, sd & fwd R bfly sdcAR fc DRW,- (thru L trn 1/2 RF under lead hnds, rec R trn 1/2 RF, sd & bk L bfly sdcAR ,-);

11 **[Check Develop SS]** Ck fwd L in bfly scr DRW,-, strghtn right knee slowly shape body to lft keep right leg extndd bk bhnd body,- (ck bk R in bfly scr,-, raise lft knee, kick lft leg to DLC & lower to R);

12 **[Back Side Close]** Bk R, slght trn LF sd L, cl R opn fcng fc WALL,-;

BRIDGE

1-2 CHASE with FULL TURNS;

1-2 **[Chase Full Trns]** Fwd L trn RF fc COH, rec R trn RF fc WALL, bk L fc WALL,-; bk R, rec L, fwd R opn fcng fc WALL,-; (bk R, rec L, fwd R,-; fwd L trn RF fc WALL, rec R trn RF fc COH, bk L,-);

END

1-11 SERPIENTE;; FENCE LINE; CROSS BODY; NEW YORKER; UNDERARM TURN; LARIAT;; REVERSE UNDERARM; CROSS BODY; AIDA & HOLD;

1-2 **[Serpiente]** Thru L LOD slght trn LF (RF), sd R, bk LXIBR toe in swivel RF (LF) on L ronde R CW (CCW) to XIBL,-; take wght on RXILB, slght trn RF (LF), sd R, fwd RXIFL toe out swivel RF (LF) on R ronde L CW (CCW) to pnt RLOD in "v" bfly LOD,-;

3 **[Fence Line]** Fwd LXIFR LOD soften knee body erect extnd arms, rec R, sd L to bfly fc COH,-;

4 **[Cross Body]** Bk R toe in brng lady fwd, rec L body trn LF, sd & fwd R to "V" RLOD,- (fwd L btwn man's feet trn LF, fwd & sd R trn LF, sd & bk L to "V",-);

5 **[New Yorker]** Body trn RF ck thru L, rec R trn LF, sd L to fc WALL,-;

6 **[Underarm Trn]** Bk R raise lead hnds trn W under, rec L, cl R fc WALL,- (thru L trn 1/2 RF under lead hnds, rec R trn 1/2 RF, sd L fc COH,-);

7-8 **[Lariat]** Sd L part wght raise lead hnds lead W arnd right sd hnd over M's head, rec R, cl L fc,-; sd & bk R part wght, rec L, sml step sd & fwd R,-; (circle wlk CW arnd man fwd R, fwd L, fwd R WALL; cont circle wlk fwd L, fwd R, sd & fwd L to "V" RLOD);

9 **[Rev Underarm]** Ck thru L raise lead hnds, rec R trn LF, sd & bk L to fc DLW,-(thru R trn LF under lead hnds, rec L trng LF, sd & fwd R,-);

10 **[Cross Body]** Bk R toe in brng lady fwd, rec L body trn LF, sd & fwd R to lft opn fc LOD,- (fwd L btwn man's feet trn LF, fwd & sd R trn LF, sd L to lft opn LOD,-);

11 **[Aida]** Thru L, fwd R slght cbmp trn LF (RF) release lead hnds, jn trail hnds bk & sd L invert "V" pos fc RLOD lead hnds up & out,-;

Sequence: Intro A, B, B, Bridge, A(1-6), Ending