

EBB TIDE IV

Choreos: Steve & Lori Harris 2519 E. Rawhide St. Gilbert, AZ 85296 Phone: 480-664-0805 Email: tsandleh@cox.net
Record: Star 174 "Ebb Tide" Artist: Ross Mitchell Speed 46 RPM or to suit
Rhythm: Rumba RAL Phase IV+1 (Cuddle)
Footwork: Opposite unless noted [woman's footwork in parentheses] Released: April 2007

Sequence: I ABC B A(1-10) E

Meas:

INTRODUCTION

1-4 WAIT; HIP RKS 2 SLOW; 2 CUDDLES;;

1 WAIT IN ROMANTIC CP WALL M ARMS AROUND W WAIST W ARMS AROUND M NECK LEAD FEET FREE;
2 [HIP RKS 2 SLOW] RK SIDE L&R ROLLING HIP SIDE AND BACK TO CP; 3-4 [2 CUDDLES] SD, REC, CL, ;
(TRN BK, REC TRN, SD), ; SD, REC, CL, ; (TRN BK, REC TRN, SD), ;

PART A

1-4 ½ BASIC; FAN; ALEMANA OVRTURN SHAD LOD;;

1 [½ BASIC] FWD, REC, SD, ; 2 [FAN] BK, REC, SD, (FWD, SD & BK, BK), ;
3-4 [ALEMANA OVRTRN SHADOW] FWD, REC, CL, ; BK, REC, SD, ; (CL, FWD, FWD TRN, ;
FWD TRN, FWD TRN, SD OVRTRN SHADOW LOD MAN LT LDY LT HNDS JOINED), ;
NOTE: MAINTAIN SHADOW POS WITH LT HNDS JOINED AND MANS RT HND ON LDYS RT SHLDR,
WITH LDYS RT ARM EXTENDED TO RT SIDE THRU MEAS 6.

5-8 RK BK REC FD; PROG WK 3; SLIDE THE DOOR TWICE;;

5 [BRK BK, REC, FD] BRK BK L, REC R, FWD L, ; 6 [PROG WK 3] FWD, FWD, FWD, ;
7-8 [SLIDE DOOR TWICE] RK SD, REC, CRS, ; RK SD, REC, CRS, ;
NOTE: THE SLIDING DOORS ARE KEPT COMPACT BY THE MAN ALTERNATELY USING
THE RT AND LT SIDE OF THE LDYS WAIST INSTEAD OF ARMS LENGTH.

9-12 CUCARACHA TO FC; CUCARACHA BFLY; ½ BASIC; WHIP [COH];

9 [CUCARACHA TO FC] SD, REC TO FC, CL, ; 10 [CUCARACHA BFLY] SD, REC, CL, to BFLY;
11 [½ BASIC] FWD, REC, SD, ; 12 [WHIP] BK TRN, REC, SD, ;

13-16 FENCE LINE; NEW YORKER; ½ BASIC; WHIP [WALL];

13 [FENCE LINE] X LUN, REC, SD, ; 14 [NEW YORKER] THRU, REC TO FC, SD, ;
15 [½ BASIC] FWD, REC, SD, ; 16 [WHIP] BK TRN, REC, SD, ;

PART B

1-4 OPN BRK; CRAB WK 3; SD WK 3; AIDA;

1 [OPN BRK] RK APT, REC, SD, ; 2 [CRAB WK 3] XIF, SD, XIF, ;
3 [SD WK 3] SD, CL, SD, ; 4 [AIDA] FWD TRN, SD TRN, BK, ;

5-8 SWITCH CROSS; SD WK 3; CRAB WK 3; CUCARACHA;

5 [SWITCH CROSS] TRN SD, REC, XIF, ; 6 [SD WK 3] SD, CL, SD, ;
7 [CRAB WK 3] XIF, SD, XIF, ; 8 [CUCARACHA] SD, REC, CL, ;

PART C

1-4 HAND TO HAND BFLY; CROSS WRAP RLOD; WHEEL LOD; PROG WK 6;

1 [HAND TO HAND] 1 BHD, REC, SD, ; 2 [CRS WRAP] MAINTAIN BFLY FWD R, FWD L, FWD R, ;
3 [FWD L, R, L, ; (BK, BK, BK, ;)] 4 [PROG WK 6] FWD, FWD, FWD, ;

PART C CONTINUED

5-8 FINISH PROG WK 6; THRU FC CL; CROSS BODY;;

5 [FIN PROG WK 6] FWD, FWD, FWD, ; 6 [THRU FC CL] XIF, SD, CL, ;
7-8 [CROSS BODY] FWD, REC, SD TRN, ; BK TRN, FWD, SD & FWD, ;
(BK, REC, FWD, ; FWD, FWD TRN, SD & BK), ;

9-12 ½ BASIC; FAN; HOCKEY STICK;;

9 [½ BASIC] FWD, REC, SD, ; 10 [FAN] BK, REC, SD, (FWD, SD & BK, BK), ;
11-12 [HOCKEY STICK] FWD, REC, CL, ; BK, REC, FWD, ; (CL, FWD, FWD, ; FWD, FWD TRN, SD & BK), ;

13-16 ALEMANA;; LARIAT 3 MAN FC WALL; FENCE LINE;

13-14 [ALEMANA] FWD, REC, CL, ; BK, REC, SD, ; (BK, REC, SD TRN, ; FWD TRN, FWD TRN, SD), ;
15 [LARIAT 3 MAN FC WALL] IN PLC STP, STP, TRN WALL, ; (FWD, FWD, FWD, ;)
16 [FENCE LINE] X LUN, REC, SD, ;

ENDING

1-6 BRK BK ½ OPN; THRU FC CL; 2 CUDDLES;; HIP RKS 2 SLOW; DIP & LEG CRAWL;

1 [BRK BK ½ OPN] BRK BK L FOOT TO ½ OPN, REC R, FWD L, ; 2 [THRU FC CL] XIF, SD, CL, ;
3-4 [2 CUDDLES] SD, REC, CL, ; (TRN BK, REC TRN, SD), ; SD, REC, CL, ; (TRN BK, REC TRN, SD), ;
5 [HIP RKS 2 SLOW] RK SIDE L&R ROLLING HIP SIDE AND BACK. 6 [DIP & LEG CRAWL] BK L, HOLD;
(FWD R, LIFT LEG;)