

DOIN' THE WEST COAST SWING

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\$.99 Download Rhapsody Song: West Coast Swing Album: Acousticness
Robin Greenstein Track 9 Footwork: Opposite Unless Noted
Phase: V+2 West Coast Swing Released: September 22, 2012
Sequence: INTRO, A, B, C, A, B, C, A MOD, ENDING Speed: 42 or slower

INTRO

1-4 WAIT;; CHICKEN WALKS SLOW,, OK, OK TWICE;;

1-2 {Wait} Fc RLOD lead ft free lead hnds joined;;
1-34 3-4 {Chicken Walks Slow Qk Qk Twice} Bk L,-, bk R, bk L; bk R,-,
5-78 bk L, bk R (W swvl RF to step fwd R toe pt out to wall,-, swvl LF to step fwd L toe pt out to COH, swvl RF to step fwd R; swvl LF to step fwd L,-, swvl RF step fwd R, swvl LF to step fwd L);

PART A

1-4 SURPRISE WHIP;; REV UNDERARM TRN;,, START WHIP;;

123&4 1-2 {Surprise Whip} Bk L, recov fwd R moving to W's R sd start
567&8 RF trn ¼ to momentary SCP, sd L cont RF trn ¼ / fwd R, sd L fc LOD (W fwd R, fwd L trn RF ½ to SCP, bk R/ cl L, fwd R); Trn RF to cause W to swvl to SCP chk fwd R, recov L, anchor R/L, R fc ptr & LOD (W swvl RF to chk bk L, recov R start trn under lead hnds RF, finish trn L/R, L fc ptr lead hnds joined);
123&4 3-4 {Rev Underarm Trn Start Whip} Bk L, recov R moving to W's
5&612 R sd start RF trn, lead W to LF underarm trn as trn triple to fc RLOD L/R, L (W fwd R, fwd L start LF trn, trn under lead hnds sd R/ XLIF of R, bk R to fc ptr & LOD); Anchor R/L, R, bk L, recov fwd R moving to W's R sd start RF trn ¼ to momentary SCP (W fwd R, fwd L trn RF ½ to SCP);

5-8 FINISH WHIP;,,SUGAR PUSH WITH LADY INSIDE UNDERARM TRN SHAKE HND;,, START INSIDE WHIP TO ESCORT WALK AROUND;

3&456 5-6 {Finish Whip Start Sugar Push} Sd L cont RF trn ¼ / fwd R, sd
7&812 & fwd L cont trn, XRIB of L, sd L; anchor in pl R/L, R (W bk R/ cl L, fwd R, fwd L start RF trn, cont RF trn bk R; anchor L/R, L) end fc RLOD bk L, bk R bring W closer to you;
3&45&6 7-8 {Fin Sugar Push with Lady Inside Trn Shake Hnds} Bk L
123&4 raise lead hds/ recov R, fwd L, anchor R/L,R (W fwd R start LF underarm trn/ cont trn L, R, anchor L/R, L) end shake R hnds;
{Inside Whip to Escort Walk Arnd} Bk L, recov R trn ¼ RF off track as lead W in LF underarm trn (W fwd R, fwd L start LF trn under joined R hnds), sd L cont RF trn ¼ / fwd R, sd & fwd L trn RF fc DRW lead arms hooked in escort pos (W bk R/ cl L, fwd R

to escort fc DRW);

9-12 FINISH WALK AROUND;,,REV UNDERARM TRN;,, CHICKEN WALK SLOW,, QK QK;

1234 9-11 {Walk Around} Wheel RF bk R, L, R, L leading W to fc; anchor R/L, R to end fc LOD lead hnds joined (W fwd L, R, L, R trning to fc ptr & RLOD; anchor L/R,L), {Rev Underarm Trn} Bk L, recov R moving to W's R sd start RF trn; lead W to LF underarm trn as trn triple to fc RLOD L/R, L (W fwd R, fwd L start LF trn; trn under lead hnds sd R/ XLIF of R, bk R to fc ptr & LOD), anchor R/L, R;

1-34 12 {Chicken Walks Slow Qk Qk} Repeat meas 3 Intro;

13-14 CHICKEN WALK SLOW,, QK, QK; LADY TRN RF TO TANDEM TRANSITION;

5-78 13-14 {Chicken Walks Slow Qk Qk} Repeat meas 4 Intro; {Lady Trn RF to Tandem Trans} Bk L/ qk bk R, tch L to R & hold,, (W fwd R start RF trn/ qk fwd L cont RF trn, cont trn to cl R to L fc RLOD, tch L,) put both hnds on her waist;

PART B

1-4 4 PT STEPS;,, TANDEM SUGAR HOP WITH BK UP 4;:

-2-4 1-2 {4 Pt Steps} Same ft work pt L ft fwd with LF body trn, retract step slightly step fwd L, trn body RF to pt R ft fwd, retract step slightly step fwd; Repeat meas 1 of part B;

12-4 3-4 {Tandem Sugar Hop with Bk Up 4} Both fwd L, fwd R, scoot L ft fwd on the floor an lift with a knee bend like a reverse developpe as hop on R ft, bk L; bk R, bk L, bk R, bk L;

5-8 TANDEM LEFT SD PASS WITH LADY SPIN TRANS;,, SUGAR PUSH;,, SLOW SD BREAKS;

1-3&4 5-7 {Tandem Left Sd Pass with Lady Spin Trans} Bk R moving off the track to COH, fc wall & tch L to R, moving bk on the track small triple fwd L/R, L; anchor R/L,R (W bk R trning LF, fwd L twd LOD, spin twd LOD, R/L, R; to fc ptr & RLOD anchor L/R, L), {Sugar Push} Bk L, bk R join both hnds; bk L/ small fwd R, fwd L, lead hnd joined anchor R/L, R (W fwd R, fwd L coming close to M; fwd R/ cl L, bk R going away from ptr, anchor L/R, L);

&1-&3- 8 {Slow Sd Breaks} On & ct sd L/ sd R lead hnds joined, hold, on & ct tog L/ tog R, hold;

9-12 4 QK SD BREAKS; UNDERARM TRN MAN'S HOOK TRN;,, RT SIDE PASS LADY SPINS;,,

&1&2&3& 9 {Qk Sd Breaks} Qk sd L/ sd R, tog L/ tog R, sd L/ sd R, tog L/ tog R;

123&4 10-12 {Underarm Trn Man's Hook Trn} Bk L, recov R moving to W's R sd start RF trn, lead W to LF underarm trn as trn triple to fc RLOD L/R, L; hook RIB of L to trn on the spot RF/ L, R to

end fcng wall join R hnd to her to R hnd (W fwd R, fwd L start LF trn, trn under lead hnds sd R/ XLIF of R, bk R to fc ptr & LOD; anchor L/R, L), **{Rt Sd Pass Lady Spins}** Fwd L twd LOD looking bk at W, recov R as bring W by on R sd; in pl L/R, L as lead the W to spin, anchor R/L, R (W fwd R, fwd L; spin LF R/L, R, anchor L/R, L) end fcng LOD;

PART C

1-4 TUCK & SPIN WITH EXTRA SPIN;; SUGAR PUSH TO HAND SHAKE;,, BASKET WHIP;;

- 123&4 1-2 **{Tuck & Spin with Extra Spin}** Bk L, bk R hnds low, bk
567&8 L/small fwd R, fwd L; fwd R, fwd L, anchor R/L, R (W fwd R, fwd L, fwd R/ push off joined hnds/ bk L trn RF to fc LOD, fwd R trn ½ RF; bk L trn ½ RF, fwd R trn ½ RF, anchor L/R,L);
- 123&4 3-4 **{Sugar Push to Shake Hnd Basket Whip}** Bk L, bk R join both
5&612 hnds, bk L/ small fwd R, fwd L; R hnds joined anchor R/L, R (W fwd R, fwd L coming close to M, fwd R/ cl L, bk R going away from ptr; anchor L/R, L), Same ftwork as a wrapped whip bk L, recov fwd R moving to W's R sd start RF trn ¼ join L hnds to start to lift L arms (W fwd R, fwd L);

5-8 FINISH BASKET WHIP;,, STACKED HAND SYNCO LEFT SIDE PASS WITH LADY DBL UNDERARM MAN DBL UNDERARM & ANCHOR;,,,

- 3&456 5-6 **{Fin Basket Whip}** Sd L cont RF trn ¼ / fwd R, sd & fwd L cont
7&812 trn to end in Varsouv (W fwd R/ cl L, bk R), XRIB of L lift R arms up, sd L; anchor in pl R/L, R still stacked hnds, (W bk L under R hnds, bk R; anchor L/R, L), **{Start Left Sd Pass}** With stacked hnds bk L going off the track twd wall, cl R (W fwd R, L);
- 45&6 7-8 **{Finish Left Sd Pass with Lady Dbl Underarm Man Double
(W&345& Underarm & Anchor}** On the & ct tch L in a small press line fc
6) DRC (W on & ct sd R/ XLIF of R), recov L twd RLOD (W trn RF to step fwd R), in pl R/L, R as lead W to go under both arms (W trn under the arms RF L/R, L); Go under both arms LF L/R, L (W in pl R/L, R), anchor & chg to lead hnds joined fc RLOD R/L, R;

REPEAT A REPEAT B REPEAT C

PART A MOD

1-4 SURPRISE WHIP;,, REV UNDERARM TRN;,, START WHIP;;

- 123&4 1-2 **{Surprise Whip}** Repeat meas 1-2 part A;,
567&8
- 123&4 3-4 **{Rev Underarm Trn Start Whip}** Repeat meas 3-4 part A;;

5&612

5-8 FINISH WHIP;,,SUGAR PUSH WITH LADY INSIDE UNDERARM TRN SHAKE HNDS;,: START INSIDE WHIP TO ESCORT WALK AROUND;:

3&456 5-6 {Finish Whip Start Sugar Push} Repeat meas 5-6 part A;;

7&812

3&45&6 7-8 {Fin Sugar Push with Lady Inside Trn Shake Hnds} {Inside Whip to Escort Walk Arnd} Repeat meas 7-8 part A;;

9-11 FINISH WALK AROUND;,,REV UNDERARM TRN SHAKE HNDS;,::

1234 9-11 {Walk Around} {Rev Underarm Trn} Repeat meas 9-11 Part A;::

5&612

3&45&6

12-15 INSIDE WHIP TO ESCORT WALK AROUND;,, REV UNDERARM TRN SHAKE HNDS;,::

123&4 12-13 {Inside Whip to Escort Walk Around} Repeat mead 8-9 part A;;

1234

5&612 14-15 {Fin Escort Walk Around Rev Underarm Trn} Repeat meas

3&45&6

10-11 part A;;

16-20 CHICKEN WALKS SLOW,, OK, OK TWICE;,: ROCK WHIP;,::

1-34 16-17 {Chicken Walks Slow Qk Qk Twice} Repeat mead 12-13 part A;;

5-78

123&4 18-20 {Rock Whip} Bk L, rec R across L start RF trn, cont RF trn sd & fwd L/rec R, sd & fwd L (W fwd R, L trng RF ½ to SCP, bk R/cl L to R, fwd R) to end mom CP M fcing LOD; Trng RF strongly on L fwd R RLOD between W's feet, cont RF trn to rec L twd wall, cont RF trn fwd R LOD between W's feet, cont RF trn rec L twd COH; Trng RF strongly on L fwd R RLOD between W's feet to fc RLOD, fwd L release CP to lead hnd joined, anchor R/L, R;

5678

91011&12

ENDING**1-5 BK CROSS WALKS 6;,, LADY REV UNDERARM SPIN MAN SD TO FC WALL;,: CUDDLE LADY LEG CRAWL,, LADY OUT TRAN, BOTH ROLL; CONT ROLL REV& CROSS LUNGE TO REV; MAN FREEZE LADY SLOW LEG SWEEP TO FC & PRESS LINE;**

1234 1-2 {Bk Cross Walk 6 Lady Rev Underarm Spin} Lead W toward COH on first step bk L, R, L, R; L, R, sd L as spin trn lady, hold (W XRIF of L, XLIF of R, XRIF of L, XLIF of R; XRIF of L, XLIF of R, qk rev underarm trn R/L, R);

---4

(W--34)

123-

-

3-5

{Lady Leg Lift Recov Trans Both Roll Rev to Cross Lunge Lady Slow Leg Crawl to Fc & Press} Hold as lady leg crawl and steps out then fwd & sd R twd RLOD (W lift L leg, hold, recov L twd RLOD, sd & fwd R) to start RF roll; Both roll bk L, fwd R, XLIF of R in lower in both knees join trail hnds, hold (W roll L, R, fwd L twd RLOD slowly sweep R leg to come around to fc ptr in a R ft press line);;

