

BUTTERFLY WALTZ

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With Michael Mead
Papillon by Secret Garden CD:
\$1.29 Download Amazon
Sequence: A, B, C, B MOD, C, A MOD, ENDING

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Champion Ballroom Academy
Just the Two of Us Track 12 Speed: 48 rpm
Phase VI Waltz Released March 15, 2016

INTRO

1 WAIT,

- 1 {Wait} Fc ptr and LOD 2-3 ft apt both R ft pt twd ptr wait 1 note,

PART A

1-4 MAN FWD PT LOW DBL HAND HOLD; RAISE ARMS TO BFLY; SCAR CHK DEVELOPE RECOV TRNING LF ; TO LADY UNDERARM TRN SHE STEP SWVL TO FC.-;

1-- 1-2 {M Fwd Pt Low Dbl Hand Hold} Man fwd R, pt L to sd join
(W ---) both hnds low,-; {Raise Arms to BFLY} Both raise arms slowly
--- to BFLY;
1-3 3-4 {SCAR Chk Develop Recov Trning LF} Chk fwd L outside ptr
12- in SCAR, hold, recov bk R start LF trn lift lead hnds (W chk bk
R, lift L leg bent at knee and extend to develop, fwd L start LF
underarm trn; {To Lady Rev Underarm Trn She Step Swvl to
Fc} Bk & sd L trn LF as the lady trns under lead hnds (W bk R
trning LF under lead hnds), recov bk R to fc DRC as lead the lady
to step fwd & swvl (W fwd L with sharp swvl LF to fc ptr lead
hnds joined R ft pt sd), both hold;

5-8 BK CHASSE TWIRL; HOVER TELE; RUNNING OPEN NAT; RISING LK;

12&3 5-6 {Bk Chasse Twirl} Bk L, trning RF sd R/ cl L, sd R (W fwd R
123 start RF twirl, twirl under lead hnds bk L/ cont twirl fwd R, finish
twirl sd & bk L) end SCAR DW; {Hover Tele} Fwd L in SCAR,
fwd & sd R blend to CP trning RF, fwd L in SCP LOD;
1&23 7-8 {Running Open Nat} Fwd R start RF trn/ sd L XIF of W, bk R to
123 BJO, bk L fc DRW (W fwd L/ fwd R, fwd L, fwd R); {Rising
Lk} Bk R start LF trn, sd L with L sd stretch, lk RIB of L fc DC;

9-11 TELE TO SEMI; FWD HOVER TO BJO; OUTSIDE SWVL QK WING;

123 9-11 {Tele to Semi} Fwd L start LF trn, sd & fwd R arnd W, fwd L in
123 SCP DW (W bk R start LF trn, cl L to R heel trn, fwd R in SCP);
12&3 {Fwd Hover to BJO} Fwd R in SCP, fwd L trn body LF to BJO,
recov R in BJO DW (W fwd L, fwd R trn LF to BJO, recov fwd
L); {Outside Swvl Qk Wing} Chk bk L trning body RF to lead
W to SCP, fwd R in SCP/ cont LF body trn, cont body trn & draw
L to R (W fwd R swvl RF to SCP, fwd L/ curving arnd M fwd R,

fwd L end SCAR) fc DC;

PART B

- 1-4 TRN LEFT & RT CHASSE; OUTSIDE CHG SEMI; CHASSE LADY
INSIDE ROLL TO SHADOW; SHADOW CURVED FEATH;**
- 12&3 1-2 {Trn L & R Chasse} Fwd L trning LF, sd R/ cl L, sd R in BJO
123 fcng DRC; {Outside Chg to Semi} Bk L cont LF trn, XIF of W
sd & bk R trning to SCP DW, sd & fwd L in SCP (W fwd R, L,
sd & fwd R in SCP DW);
- 12&3 3-4 {Chasse Lady Inside Roll to Shadow} Thru R, lift lead hds to
(W123) start lady's LF roll sd L/ release hnds cl R, sd L in shadow DW
123 (W thru L start LF roll, sd & bk R cont roll, sd & fwd L in
shadow); {Shadow Curved Feath} Both fwd R, fwd L curving
RF, fwd R in shadow fc DRW;
- 5-8 SHADOW QK HEEL PULL FEATH ENDING; SHADOW OPEN REV;
MAN ROLL LADY TRN CHASSE TO BFLY; CHASSE LADY 5 STEP
UNDERARM TRN TO OPEN;**
- 1&23 5-6 {Shadow Qk Heel Pull Feath Ending} Both bk L trning RF/ pull
123 the R heel past L & small sd R (W bigger step sd R to stay on his
R sd), both fwd L, fwd R swing L sd fwd fc DC; {Shadow Open
Rev} Both fwd L trning LF, sd R cont LF trn, bk L in shadow fc
DRC;
- 123 7-8 {Man Roll Lady Trn Chasse to BFLY} Bk R to cont LF trn ½
(W12&3) to fc LOD, fwd L trn LF to fc DRC, bk R to BFLY fc DRC (W
12&3 bk R to cont LF trn fc wall, sd L/ cl R, sd L to fc DW); {Chasse
(W12&3&) Lady 5 Step Underarm Trn to Open} Bk L, trning RF to fc
COH small chasse sd R/cl L, sd R as lead W under lead hnds and
end in OP fc DRC (W fwd R to a synco RF underarm trn, trning
RF bk L / cont trn fwd R, cont trn sd & bk L/ cont trn sd R)
joining trail hnds;
- 9-12 CROSS LUNGE & EXTEND; RECOV TO CHG HND SYNCO REV
TWIRL TRANS TO CP; TELE SEMI; RIPPLE VINE;**
- 1-- 9-10 {Cross Lunge & Extend} Both XLIF of R in deep lunge line and
123 extend lead arms out to sd; {Recov to Chg Hnd Synco Rev
(W12&3) Twirl Trans to CP} Recov R to lead the W in LF underarm trn
join lead hnds, sd L, cl R to L fc DRC (W recov R start LF
underarm trn join lead hnds, fwd L trning LF/ bk R cont LF trn,
small fwd L into CP);
- 123 11-12 {Telemark Semi} Fwd L start LF trn, sd & fwd R arnd W small
1&23 trn, fwd L in SCP DW (W bk R start LF trn, cl L to R heel trn,
fwd R in SCP); {Ripple Vine} Thru R/ stretching L sd & start to
look bk over R shoulder sd L to look twd RLOD, XRIB of L,
rolling head bk to LOD fwd L in SCP LOD;
- 13-16 THRU TO PROM SWAY; CHG SWAY; FALLAWAY RONDE & SLIP;
CROSS HOVERS 4 TIMES TO BJO;**

- 12- 13-14 {**Thru to Prom Sway**} Thru R in SCP, fwd L M cutting off the
 --- W by stepping slghtly to wall stretch R sd look LOD start slow chg
 of sway,-; {**Chg of Sway**} Cont chg of sway lower in L knee &
 stretch L sd (W look twd RLOD);
- 123 15-16 {**Fallaway Ronde & Slip**} Push off onto R ft as trn body RF to
 123 ronde L leg CCW, bk L in SCP, slip R under body to CP LOD (W
 sd L ronde R CW, bk R in SCP, rise & trn LF to slip fwd L in
 CP); {**Cross Hovers 4 Times to BJO**} Fwd L in CP, sd & fwd R
 trning LF to BJO, recov fwd L to BFLY BJO DC;
- 17-19 SCAR; BJO; SCAR;**
- 123 17-18 {**SCAR**} Fwd R in BFLY BJO, sd & fwd L trning RF, fwd R to
 123 BFLY SCAR DW; {**BJO**} Fwd L in BFLY SCAR, sd & fwd R
 trning LF, fwd L to BFLY BJO DC;
- 123 19 {**SCAR**} Repeat meas 17 part B blend bk to CP arm hold;

PART C

**1-4 SYNCO CHK & WHEEL TWICE TO PREPARATION;; SAME FT
 LUNGE LADY FLICK; & OPEN REV ENDING;**

- 1&23 1-2 {**Synco Chk & Wheel Twice to Preparation**} Qk chk fwd L in
 1&2- SCAR/ trning RF XRIB of L, cont RF trn sd L arnd W, fwd R to
 (W1&23) SCAR fc DRC (W qk chk bk R/ trning RF sd & fwd L, fwd R
 swvling RF, step sd & bk L to SCAR); Qk chk fwd L in SCAR/
 trning RF XRIB of L, cont RF trn sd L arnd W, cont RF body trn
 to tch R to L in preparation (W qk chk bk R/ trning RF sd & fwd
 L, fwd R swvling RF, step sd & bk L to preparation);
- 1-- 3-4 {**Same Ft Lunge Lady Flick**} Lower in L to reach sd R keep
 123 lady's head open (W lower & reach bk R under the body & flick
 (W&123) L leg IF of R head to wall);
 {**& Open Rev Ending**} On the & ct M trn body LF to put W on
 her L ft (W fwd L)/ cont LF body trn to CP fwd L, cont trn sd &
 bk R, bk L in BJO fc DRC;

**5-8 OPEN FIN; HOVER TELEMAR; OPEN NAT; QK SYNCO OUTSIDE
 SPIN & PIVOT;**

- 123 5-6 {**Open Fin**} Bk R cont LF trn, sd & fwd L, fwd R in BJO DW;
 123 {**Hover Tele**} Fwd L start RF body trn, sd & fwd R cont RF body
 trn to SCP, fwd L in SCP DW;
- 123 7-8 {**Open Nat**} Fwd R, sd & fwd L in front of W, bk R in BJO (W
 &1&23 fwd L, fwd R, fwd L); {**Qk Synco Outside Spin & Pivot**} On the
 & ct early RF body rotation small bk L/strong RF body rotation
 step fwd R in BJO, cont RF body rotation sd & bk L to CP fc
 RLOD/ pivot ½ RF to step fwd R, cont RF pivot to step sd & bk
 L to CP DRW (W with RF body rotation fwd R in BJO/ cl L to R
 toe pivot cont trn, fwd R pivot ½ RF/ cont pivot bk L, cont pivot
 fwd R to CP);

9-11 TRNING LCK; MANUV; HESIT CHG;

1&23 9-11 {Trning Lk} Bring R sd bk to BJO bk R/ lk LIF of R, bk R trning
 123 LF, fwd L in BJO DW; {Manuv} Fwd R in BJO, trning RF sd &
 12- fwd L in front of W, cl R to L fcing RLOD; {Hesit Chg} Bk L
 trning RF, sd & bk R cont RF trn, draw L to R fc DC;

PART B MOD

**1-6 TRN LEFT & RT CHASSE; OUTSIDE CHG SEMI; CHASSE LADY
 INSIDE ROLL TO SHADOW; SHADOW CURVE FEATH; SHADOW
 OK HEEL PULL FEATH ENDING; SHADOW OPEN REV;**

1-6 Repeat meas 1-6 part B;;;;;

**7-9 MAN ROLL LADY TRN CHASSE TO BFLY; BK TRNING HOVER IN
 BFLY BJO; CROSS HOVER TO SCAR;**

123 7-8 {Man Roll Lady Trn Chasse to BFLY} Repeat meas 7 of part
 (W12&3) B; {Bk Hover in BFLY BJO} Bk L start RF trn, bk R hovering
 123 cont RF trn, recov fwd L in BFLY BJO DC;

123 9 {Cross Hover to SCAR} Repeat meas 19 part B;

REPEAT C

PART A MOD

1-2 TRN L & R CHASSE; BK TRN R & CHASSE SCAR;

12&3 1-2 {Trn L & R Chasse} Fwd L trning LF, sd R/ cl L, sd R in BJO
 12&3 fcing DRC; {Bk Trn R & Chasse SCAR} Bk L trning RF, sd R/
 cl L, sd R to slide trail hnd to her elbow in loose SCAR fc DC;

3-10 REPEAT MEAS 3-10 PART A;;;;;;;

11 OUTSIDE SWVL EXTENDED SYNCO WING OVERTRNED BJO;

123 11 {Outside Swvl Extended Wing Overtrn to BJO} Bk L swvl
 (W12&3&) W to SCP, fwd R split wgt/ unwind LF trn LF on both ft to BJO
 DRC, shift wgt to L (W fwd R swvl RF, fwd L/ fwd R arnd M,
 fwd & sd L to SCAR/ fwd R trn LF to BJO);

ENDING

1-2 CHK LADY FLICK WITH ARMS; EXTEND;

1-- 1 {Chk Lady Flick with Arms} Chk fwd R outside ptr in BJO,
 hold (W bk L, flick R leg with knee bent IF of L), both extend
 trail arms to side; slowly continue that extension as music fades;