

BRING ME SUNSHINE III

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Record: Special Pressing, Contact Choreographers or Palomino Records SP #258
Sequence: INTRO-A-B-C-D-E-END (Flip side "I Want to be a Cowboy's Sweetheart")
Rhythm: Two Step/Jive Speed: 45 RPM Phase: III + 2 (Amer Spin, Span Arms)

INTRO

- 1-4 **WAIT; WAIT; STEP/CLAP 4X (SCP)::**
1-2 [Wait] OP Fcg/Wall no hnds jnd with M's L & W's R foot free wait 2 meas;;
3-4 [Sd Tch 4X] sd L, tch R to L & clap, sd R, tch L to R & clap; repeat mea 3 to SCP/LOD;

PART A

- 1-6 **TWO FWD TWO STEPS:: LEFT TRNG BOX (BFLY):::**
1-2 [2 Fwd 2 Stps] in SCP fwd L, cl R, fwd L,-; fwd R, cl L, fwd R to CP/WALL,-;
3-6 [Left Trng Box] sd L, cl R, fwd L trng ¼ LF,-; sd R, cl L, bk R trng ¼ LF,-; repeat meas to BFLY;;
- 7-12 **VINE 2 FC TO FC:: VINE 2 BK TO BK:: BASKETBALL TURN (SCP)::**
7-8 [Vn 2 Fc to Fc] sd L,-, XRIB,-; sd L, cl R, sd L trng LF to a bk-to-bk pos,-;
9-10 [Vn 2 Bk to Bk] sd R,-, XLIB,-; sd R, cl L, sd R trng RF to BFLY,-;
11-12 [Bball Trn] lunge sd L,-, rec R trng to fc RLOD,-; fwd L trng ¼ RF,-, rec R trng to fc ptr in SCP/LOD,-;
- 13-16 **HITCH; HITCH/SCIS TO BJO (CHK); WHALETAIL::**
13 [Hitch] in SCP/LOD fwd L, cl R, bk L,-;
14 [Hitch/Scis BJO] bk R (W bk L trng RF ¼), cl L, fwd R (W XLIB) to BJO pos fcg LOD,-;
15-16 [Whaletail] in contra/BJO XLIB of R commencing RF body trn, small sd R completing ¼ RF trn, fwd L with L shldr ldng, lock R in bk of L; sd L commencing LF body trn, cl R completing ¼ LF trn, XLIB of R commencing RF body trn, small sd R completing ¼ RF trn endg in contra/BJO pos;

PART B

- 1-4 **WALK & FC; SKATE L & R; SD TWO STEP; SKATE R & L;**
1 [Wk & Fc] fwd L,-, fwd R swlvg RF to Fc ptr & wall,-;
2 [Skate L & R] release hnds & swvl LF on R and step fwd on L draw R to L,-, swvl RF on L step fwd on R draw L to R,-;
3 [Sd 2 Stp] sd L, cl R, sd L,-;
4 [Skate R & L] swvl RF on L and step fwd on R draw L to R,-, swvl LF on R step fwd on L draw R to L,-;
- 5-8 **SD TWO STEP; BK AWAY 3 & KICK; TOG 3 TO SCP; WALK & PICKUP;**
5 [Sd 2 Stp] sd R, cl L, sd R,-;
6 [Bk Awy 3 & Kick] bk L,R,L, kick R fwd no wgt;
7 [TOG 3] fwd R,L,R blndg to SCP/LOD,-;
8 [Wk & Pkup] fwd L,-, small fwd R (W fwd L swlvg LF ½) to CP/LOD,-;
- 9-12 **SCIS TO SCAR; WALK OUT 2; SCIS TO BJO; WALK IN 2;**
9 [Scis to SCAR] sd L, cl R, XLIF of R (W XRIB of L) to SCAR pos fcg DLW,-;
10 [Wk Out 2] in SCAR/DLW fwd R,-, fwd L,-;
11 [Scis to BJO] sd R, cl L, XRIF of L (W XLIB of R) to BJO pos fcg DLC,-;
12 [Wk In 2] in BJO/DLC fwd L,-, fwd R,-;

- 13-16 **PROG SCIS 2X (BLND TO CP/LOD):: SD STAIRS 8::**
13-14 [Prog Scis 2x] sd L, cl R, XLIF of R (W XRIB),-; sd R, cl L, XRIF of L (W XLIB) small stp blnd to CP/LOD,-;
15-16 [Sd Stairs 8] in CP/LOD sd L, cl R, fwd L, cl R; sd L, cl R, fwd L, cl R;

PART C

- 1-6 **FWD & MANUV; PIVOT 2 (CP/WALL); TRAVELING BOX w/TWIRL (OP/LOD):::**
1 [Fwd & Manuv] fwd L,-, fwd R btwn W's feet trng ½ RF to CP/RLOD,-;
2 [Pivot 2] bk L toe trng on ball of ft ½ RF (W fwd R btwn M's feet heel to toe trng ½ RF) to CP/LOD,-, fwd R btwn W's feet heel to toe trng RF ¼ (W bk L toe trng on ball of ft ¼ RF) to CP/WALL,-;

3-6 [Trvlng Box w/Twrl] sd L, cl R, fwd L,-; trng to rev SCP fwd R (W sd & fwd L trng ½ LF),-, fwd L (W sd & bk R trng ½ LF),-; blndg to CP sd R, cl L, bk R,-; blnd to SCP/LOD fwd L,-, fwd R to OP fcg LOD,-;

7-10 **FWD/LK FWD 2X;; VINE APART & TOG TO FC (BFLY);;**

7-8 [Fwd/Lk Fwd 2X] fwd L, lock R in bk of L, fwd L,-; fwd R, lock L in bk of R, fwd R,-;

9-10 [Vn Apt & Tog to Fc] sd L, XRIB, sd L,-; sd R, XLIB, sd R swvlng RF to fc ptr in BFLY fcg WALL,-;

11-16 **TRAVELING DOOR 2X TO CP;;; TWO TRNG TWO STEPS (BFLY);;**

11-14 [Trvlng Dr 2X] rk sd L,-, rec R,-; XLIF, sd R, XLIF,-; rk sd R,-, rec L,-; XRIF, sd L, XRIF blndg to CP,-;

15-16 (2 Trng Twos) sd L, cl R, sd & fwd L pivoting ½ RF,-; sd R, cl L, sd R pivoting ½ RF blndg to BFLY/WALL,-;

PART D

1-4 **LUNGE & TWIST; BEHIND SD THRU; OPEN VINE 4;;**

1 [Lunge & Twist] lunge sd L,-, twist body RF,-;

2 [Bhnd Sd Thru] XRIB, sd L, step thru R,-;

3-4 [Op Vn 4] sd L,-, XRIB trng to fc RLOD,-; sd L trng to fc ptr,-, XRIF to CP & preparing for manuv action,-;

5-8 **PIVOT 2 (CP/WALL); TWRL/VN 2; WALK TO BJO/CHK; FISHTAIL;**

5 [Pivot 2] Repeat Mea 2 of Part C;

6 [Twrl/Vn 2] sd L (W fwd R twd LOD begin RF twrl undr jnd ld hnds),-, XRIB (W cl L to R finishing twrl),-;

7 [Wk BJO/Chk] fwd L ldg W to CP/BJO pos,-, fwd R to contra/BJO w/chkng action,-;

8 [Fishtail] Repeat mea 15 of Part A;

9-16 **HITCH; HITCH/SCIS TO SCP; STROLLING VINE;;; OK VINE 8;;**

9 [Hitch] in BJO/LOD fwd L, cl R, bk L,-;

10 [Hitch/Scis to SCP] bk R (W fwd L swvlng ¼ RF), cl L, fwd R (W XLIF) to SCP fcg LOD,-;

11-14 [Strolling Vn] blnd to CP sd L,-, XRIB,-; sd L, cl R, sd L trng ½ LF,-; sd R,-, XLIB,-; sd R, cl L, sd R trng ½ RF to end in CP fcg WALL;

15-16 [Qk Vine 8] sd L, XRIB, sd L, XRIF; sd L, XRIB, sd L, XRIF;

PART E (Single Swing)

1-6 **CHG R TO L - AMERICAN SPIN;;; CHG HANDS BHND BK - CHG L TO R (FC COH);;**

1-3 [Chg R to L] rk apt L, rec R, fwd L trng LF ¼ (W start RF trn on R under jnd ld hnds),-; in place R (W cont RF trn on L) to end LOP M fcg ptr & LOD,-, [Amer Spin] rk apt L, rec R; fwd L ldng W to spin RF (W bk R spin RF one full trn),-, in place R (W cl L to R),-;

4-6 [Chg Hnds Bhnd Bk] rk apt L, rec R, fwd L start LF trn (W fwd R start RF trn) as M puts R hnd over W's R hnd ldng W to his R sd,-; bk R trng LF (W trng RF step bk L) as M chgs W's R hnd to M's L hnd to end in LOP M fcg RLOD,-, [Chg L to R] rk apt L, rec R; fwd L trng RF ¼ (W start LF trn on R under jnd ld hnds),-, in place R (W cont LF trn on L) to end in LOP fcg COH,-;

7-12 **SPANISH ARMS 2X;;; CHG HANDS BHND BK - LINK RK TO SCP;;;**

7-9 [Span Arms 2X] rk apt L, rec R, fwd L trng RF raise L arm lead W to wrap LF keep ld hnds high,-; sd & bk R trng RF to fc WALL lead W to unwrap RF end with both hnds jnd,-, rk apt L, rec R; fwd L trng RF raise L arm lead W to wrap LF keep ld hnds high,-, sd & bk R to fc COH lead W to unwrap RF end with both hnds jnd,-;

10-12 [Chg Hnds Bhnd Bk] repeat meas 4 thru 5 ½ of Part E end fcg Wall,-, [Link RK to SCP] rk apt L, rec R; step tog twds ptr on L (W step fwd R),-, small sd R to SCP fcg LOD,-;

13-16 **SLO RK THE BOAT 2X;; SYNC VINE 8 (SCP);;**

13-14 [Slo Rk The Boat 2X] fwd L with straight knee leaning fwd,-, with rocking motion & relaxed knees cl R leaning backwards,-; repeat blndg to CP fcg WALL;

15-16 [Sync Vn 8] sd L/XRIB,-, sd L/XRIF,-; Repeat mea endng in SCP; (Timing is &1 &2 &3 &4)

END

1+ **POINT/STEP 4;; HOLD,**

1+ Pt Step 4] point L fwd with outsd edge in contact with floor, fwd L, point R fwd with outsd edge in contact with floor, fwd R; repeat mea; [Hold] on last beat hold SCP/LOD both looking RLOD,