

ANOTHER BLUE MONDAY

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RECORD: Coll 6051-A "Blue Monday" Fats Domino, avail Palomino
FOOTWORK: Opposite unless otherwise noted
RHYTHM: WEST COAST SWING SPEED: 45 rpm
PHASE: RAL PHASE IV + 1[trpl trav & roll]
SEQUENCE: INTRO A B A(1-8) C B END RELEASE: December, 2000

MEAS: INTRO

1-1 ½ WAIT 1 MEAS; STEP TURN POINT,,

- 1 M fcg COH lead ft wgt'd sd by sd w/ptr, hold,-,-(W fcg COH
lead ft wgt'd L arm bent w/hnd beh head, hold,-,-);
1½ bk & sd R swvl LF to fc ptr, pnt L twrd ptr RLOD(W bk & sd L
swvl RF to fc ptr, pnt R twd ptr LOD,)

PART A

1-4 SUGAR PUSH—SUGAR TUCK & SPIN;;; KICK BALL CHNG x 2;

- 1-3 {SUGAR PUSH} bk L, bk R, tch L to R, fwd L; beh R/sd L, sd R,
{SUGAR TUCK & SPIN} bk L, bk R to tight BFLY low hnds;
tch L to R, fwd L raise jnd lead hnds soft pull on trail hnds,
X R beh L/ sd L, sd R(W fwd R, fwd L slight RF trn to tight
BFLY; tch R to L, trng RF fwd R & free spin RF to fc ptr,
X L beh R/sd R, sd L);

- 4 {KICK BALL CHNGS} kick L, stp L/R, kick L, stp L/R;

5-8 LEFT SIDE PASS—SD CL;;; SAILOR SHUFFLES;

- 5-7 {LEFT SIDE PASS} bk L trng LF, clo R leadg W to M's L side,
fwd L/cl R, fwd L fc wall(W fwd R, fwd L passing on M's L sd,
fwd R/L, R trng LF ovtrn to fc wall);; XRIB of L/sd L, sd R, sd
L, cl R(W bk L/cl R, fwd L, sd R, cl L);; sd L, cl R, sd L, cl R;
8 {SAILOR SHUFFLES} XLIB of R/sd R, sd L, XRIB of L/sd L,
sd R trng to fc ptr & RLOD;

9-16 U/A TRN TO TRPLE TRAVEL WITH ROLL—SUGAR PUSH;::::

U/A TRN & POINT;:

- 9 {U/A TRN} bk L trng RF, fwd R twd W's R sd trng RF, fwd L/cl
R, fwd L to R hnd star M fcg COH(W fwd R, fwd L, undr jnd
Lead hnds fwd R/fwd L, fwd R trng LF to fc Wall);
10-14 {TRPLE TRAV WITH ROLL} chsse R/L, R, roll RF 1 ½ trns L, R,
to L hnd star M fcg Wall(W chsse L/R, L, roll RF 1 ½ trns R,L);;
chsse L/R,L both trn LF ½ to R hnd star, chsse R/L,R both trn
RF to L hnd star M fcg Wall; chsse L/R, L roll LF R,L LOP fcg
Ptr & LOD; XRIB/sd L, sd R, bk L, bk R; tch L to R, fwd L, beh
R/sd L, sd R;
15-16 {U/A TRN & PNT} bk L trn RF, fwd R trng RF, fwd L/cl R, fwd L
(W fwd R, fwd L undr jnd lead hnds, fwd R/L, R trng LF);; XRIB
of L/sd L, sd R, pnt L to Wall,-(W bk L/cl R, fwd L, pnt R,-);

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PART B

- 1-4 SAILOR SHUFFLES; CHICKEN WLKS;; THROWOUT;
1 {SAILOR SHUFFLES}XLIB of R/sd R,sd L,XRIB of L/sd L, sd R;
2-3 {CHICKEN WLKS} bk L, bk R, bk L, bk R leading W to swvl(W
swvl fwd R, swvl fwd L, swvl fwd R, swvl fwd L);
4 {THROWOUT} sd L/cl R, sd L strt LF trn ¼, XRIB of L/sd L, sd
R(W sd R strt LF trn/cl L, cont LF trn bk R, bk L/cl R, fwd L);
- 5-8 SAILOR SHUFFLES; CHICKEN WLKS;; THROWOUT;
5 {SAILOR SHUFFLES} REPEAT MEAS 1 PART B;
6-7 {CHICKEN WLKS} REPEAT MEAS 2 & 3 PART B;
8 {THROWOUT} REPEAT MEAS 4 PART B;

PART A (1-8)

- 1-4 SUGAR PUSH—SUGAR TUCK & SPIN;;; KICK BALL CHNG X 2;
5-8 LEFT SIDE PASS--SD CL;;;SAILOR SHUFFLES;
1-8 REPEAT MEAS 1-8 PART A;;;;;;;

PART C

- 1-8 WRAPPED WHIP;; SIDE BRKS;; WRAPPED WHIP;; SIDE BRKS;;
1-2 {WRAPPED WHIP} jn both hnds bk L, rec R trn ¼ RF, brng jnd
hnds ovr W's head sd L/clo R cont RF trn, sd & fwd L in wrap
pos(W fwd R, fwd L, fwd R/cl L, bk R); XRIB of L trng RF
release trail hnds, sd L trng RF, sd R/clo L, sd R(W bk L, bk R,
bk L/cloR, fwd L);
3-4 {SIDE BRKS} foot action only sd L/sd R, cl L/cl R to L; sd L/sd
R, cl L/cl R to L;
5-6 {WRAPPED WHIP} REPEAT MEAS 9 & 10 PART A;;
7-8 {SIDE BRKS} REPEAT MEAS 11 & 12 PART A;;

REPEAT PART B

- 1-8 SAILOR SHUFFLES; CHICKEN WLKS;; THROWOUT;SAILOR
SHUFFLES; CHICKEN WLKS;; THROWOUT;
1-8 REPEAT MEAS 1-8 PART B;;;;;;;

END

- 1-6 U/A TRN TO TRPLE TRAV WITH ROLL—SUGAR PUSH & POINT;;;;;
1-6 REPEAT MEAS 9-13 PART A;;;;; finish sugar push & pnt L to
sd L arm extended twd ptr(W pnt R to sd L hnd beh head);